

SYLLABUS FOR M.A./M.SC. IN PSYCHOLOGY

Under Choice Based Credit System (CBCS)

Effective from 2021-2022



**The University of Burdwan
Burdwan-713104
West Bengal**
Preamble

APPENDIX 3:

Another Special paper (or Discipline-centric Elective course) (Practical) in Semester III may be opted from MSPS 306-1, MSPS 306-2, MSPS 306-3 SWAYAM).

MSPS 306-1: Based on MSPS 305-1 and along with three Core Courses i.e., MSPS 301, MSPS 302 & MSPS 303.

MSPS 306-2: Based on MSPS 305-2 and along with three Core Courses i.e., MSPS 301, MSPS 302 & MSPS 303.

MSPS 306-3: Course opted from SWAYAM and along with three Core Courses i.e., MSPS 301, MSPS 302 & MSPS 303.

Semester IV

Course code	Course			Lect. Hr /week	Dur. of Exam (in H)	Marks			Credit
	Type	T/P	Name			I.A.	E.T	Total	
MSPS 401	Core	T	Health Psychology and Stress Management	4	2	10	40	50	4
MSPS 402	Core	T	Late Adulthood Psychology	4	2	10	40	50	4
MSPS 403	DE	T	Vide Appendix 4	4	2	10	40	50	4
MSPS 404	DE	T	Vide Appendix 5	4	2	10	40	50	4
MSPS 405	Core	P	Internship, Based on MSPS 401, MSPS 402 and two opted DE papers.	4	4	10	40	50	4
MSPS 406	Core	P	Project/Term Paper	4	---	10	40	50	4
						Total credit			24

Appendix 4

A Special Paper (or Discipline-centric Elective course) (Theory) in Semester IV may be opted from MSPS 404-1, MSPS 404-2, MSPS 404-3 SWAYAM

MSPS 404-1: Psychotherapy

MSPS 404-2: Organizational and Human Resource Development

MSPS 404-3: Course opted from SWAYAM

Appendix 5

2. Manoria , Manoria & Ganlear. (2003). Dynamics of industrial relations. New Delhi: Himalaya Publishing House.
3. Monappa, A (2000). Industrial relations. New Delhi: Tata McGraw Hill.
4. Sen (2003). Industrial relations in India: Shifting paradigmns. New Delhi: Macmillan

Course: MSPS 404-3: Course opted from SWAYAM (*Discipline-centric Elective*)

Marks: 50

Total lectures Hours: 50H

Course: MSPS 405: Internship and Practical Based on MSPS 403, 404 and along with two Core Courses i.e., MSPS 401 & MSPS 402 (*Core Course*)

Marks: 50

Total lectures Hours: 50H

Course Objectives: The students will develop expertise in conducting various forms of therapy through practical exposure; Development of practical skills required for conducting parental counselling; Development for practical skills required for conducting family therapy; Development of practical skills required for conducting group counselling; Development of techniques for reducing undesirable behaviours; Development of techniques for increasing desirable behaviours.

I. Case work up and Management Regular work & performance at Internship will be evaluated by internship guide. Minimum 3 psychological interventions have to be carried out by the candidate, with at least 1 child case, 2 out of which have to be recorded in lab note books with details of the case work-up and the counselling procedure undertaken by the candidate.

2. Management Plan Candidates will be required to chart out a detailed therapeutic plan for the case-history provided to them, at the end of the semester.

Course: MSPS 406: Term Paper/ Project (*Core Course*)

Marks: 50

Total lectures Hours: 50H

Course Objectives:

1. The student knows the theoretical bases for statistical analyses of results from empirical studies: the logical and philosophical bases of empirical research; probability; operationalization of psychological variables.
2. Knows basic statistical methods used to describe variables, describe relationships between variables, and to verify research hypotheses through inferential statistics.
3. Understands the scientific method in the context of empirical sciences, its advantages and limitations.