

THE DEPARTMENT OF PHYSICAL EDUCATION
THE UNIVERSITY OF BURDWAN
Golapbag, Burdwan

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Date: -20/06/2025

To,
The Heads of All Departments,
The University of Burdwan
Golapbag, Rajbati, Burdwan

Subject: Invitation to Participate in 11th International Yoga Day Celebrations – 21st June, 2025

Dear Sir/Madam,

Greetings from the Department of Physical Education!

We are pleased to inform you that the Department of Physical Education, in collaboration with the Department of Lifelong Learning (Yoga Section), is organizing a program to celebrate International Yoga Day on 21st June 2025, at Mohanbagan Ground, Burdwan University from 9.30 am.

International Yoga Day, observed annually on June 21st, aims to promote awareness about the benefits of yoga for physical and mental well-being. In this spirit, our university takes pride in coming together to honor this global initiative with active participation from all departments.

We cordially invite faculty members, non-teaching staff, and students from your department to join us in this celebration and contribute to spreading the message of holistic health and well-being through yoga. The session will include a guided yoga practice, short talks on the importance of yoga, and interaction with trained yoga instructors.

Thanking You

Yours Faithfully

Gopa Saha Roy.
Dr. GOPA SAHA ROY

TIC

Dept. of Physical Education
The University of Burdwan

Teacher-in-Charge
Dept. of Physical Education
The University of Burdwan