THE UNIVERSITY OF BURDWAN

Curriculum for the 3-Year B.A/B. Sc. (General) under the Choice Based Credit System (CBCS)

Degree Course (Semester Pattern) in PSYCHOLOGY w.e.f 2017-2018

PSYCHOLOGY SYLLABUS CBCS

COURSE STRUCTURE AT A GLANCE

B.SC. PSYCHOLOGY (GENERAL)

SEMESTER 1

COURSE	COURSE TITLE	TYPE	L-T-P	CREDIT	MARKS
CC1A (DISCIPLINE 1-PSYCHOLOGY)	FOUNDATIONS OF PSYCHOLOGY	CORE COURSE	4- 0- 2	6	75
CC2A (DISCIPLINE 2-ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
CC3A (DISCIPLINE 3-ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
AECC1	ENVS	ABILITY ENHANCEMENT COURSE		4	100

SEMESTER 2

COURSE	COURSE TITLE	TYPE	L- T-P	CREDIT	MARKS
CC1B (DISCIPLINE 1-PSYCHOLOGY)	INTRODUCTION TO SOCIAL PSYCHOLOGY	CORE COURSE	4- 0- 2	6	75
CC2B (DISCIPLINE 2-ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
CC3B (DISCIPLINE 3-ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
AECC2	COMMUNICATIVE ENGLISH/MIL	ABILITY ENHANCEMENT COURSE		2	50

SEMESTER 3

COURSE	COURSE TITLE	TYPE	L- T- P	CREDIT	MARKS
CC1C (DISCIPLINE 1-PSYCHOLOGY)	PSYCHOLOGICAL DISORDERS	CORE COURSE	4- 0- 2	6	75
CC2C (DISCIPLINE 2-ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
CC3C (DISCIPLINE 3-ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
SEC1 (DISCIPLINE 1-PSYCHOLOGY)	i. DEVELOPING EMOTIONAL COMPETENCE OR ii. COMMUNITY PSYCHOLOGY	SKILL ENHANCEMENT COURSE		2	50

SEMESTER 4

COURSE	COURSE TITLE	TYPE	L- T- P	CREDIT	MARKS
CC1D (DISCIPLINE 1-PSYCHOLOGY)	STATISTICAL METHODS AND PSYCHOLOGICAL RESEARCH	CORE COURSE	4- 0- 2	6	75
CC2D (DISCIPLINE 2- ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
CC3D (DISCIPLINE 3- ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75

COURSE	COURSE TITLE	TYPE	L- T- P	CREDIT	MARKS
SEC2 (DISCIPLINE 1- PSYCHOLOGY)	i) MANAGING STRESS OR ii) MAKING DECISIONS	SKILL ENHANCEMENT COURSE		2	50

SEMESTER 5

COURSE	COURSE TITLE	TYPE	L- T- P	CREDIT	MARKS
DSE1A (DISCIPLINE 1- PSYCHOLOGY)	i) LIFE SPAN DEVELOPMENT OR ii) INDUSTRIAL/ ORGANIZATIONAL PSYCHOLOGY	DISCIPLINE SPECIFIC ELECTIVE	4- 0- 2	6	75
DSE2A (DISCIPLINE 2- ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	DISCIPLINE SPECIFIC ELECTIVE		6	75
DSE3A (DISCIPLINE 3- ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	DISCIPLINE SPECIFIC ELECTIVE		6	75
SEC3 (DISCIPLINE 1- PSYCHOLOGY)	i) PSYCHOLOGY IN EDUCATION OR ii) MANAGING HUMAN RESOURCES	SKILL ENHANCEMENT COURSE		2	50

SEMESTER 6

COURSE	COURSE TITLE	TYPE	L- T-P	CREDIT	MARKS
DSE1B (DISCIPLINE 1- PSYCHOLOGY)	i) COUNSELING PSYCHOLOGY OR ii) HEALTH AND WELL – BEING	DISCIPLINE SPECIFIC ELECTIVE	4- 0- 2	6	75
DSE2B (DISCIPLINE 2- ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	DISCIPLINE SPECIFIC ELECTIVE		6	75

DSE3B (DISCIPLINE 3- ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	DISCIPLINE SPECIFIC ELECTIVE		6	75
SEC4 (DISCIPLINE 1-PSYCHOLOGY)	i) APPLICATIONS OF SOCIAL PSYCHOLOGY OR ii) APPLICATIONS OF CLINICAL PSYCHOLOGY	SKILL ENHANCEMENT COURSE		2	50

B.A. PSYCHOLOGY (GENERAL)

SEMESTER 1

COURSE	COURSE TITLE	TYPE	L-T-P	CREDIT	MARKS
CC1A (DISCIPLINE 1-PSYCHOLOGY)	FOUNDATIONS OF PSYCHOLOGY	CORE COURSE	4- 0-2	6	75
CC2A(DISCIPLINE 2- ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
L_1-1	ENGLISH LANGUAGE-CORE-L1	LANGUAGE		6	75
AECC1	ENVS	ABILITY ENHANCEMENT COURSE		4	100

SEMESTER 2

COURSE	COURSE TITLE	TYPE	L-T-P	CREDIT	MARKS
CC1B (DISCIPLINE 1-PSYCHOLOGY)	INTRODUCTION TO SOCIAL PSYCHOLOGY	CORE COURSE	4- 0- 2	6	75
CC2B(DISCIPLINE 2- ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
L_2-1	HINDI/MIL- CORE-L_2	LANGUAGE		6	75
AECC2	COMMUNICATIVE ENGLISH/MIL	ABILITY ENHANCEMENT COURSE		2	50

SEMESTER 3

COURSE	COURSE TITLE	TYPE	L- T- P	CREDIT	MARKS
CC1C (DISCIPLINE 1-PSYCHOLOGY)	PSYCHOLOGICAL DISORDERS	CORE COURSE	4- 0- 2	6	75
CC2C (DISCIPLINE 2-ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
L$_1$-2	ENGLISH LANGUAGE- CORE-L$_1$	LANGUAGE		6	75
SEC1 (DISCIPLINE 1-PSYCHOLOGY)	i. DEVELOPING EMOTIONAL COMPETENCE OR ii. COMMUNITY PSYCHOLOGY	SKILL ENHANCEMENT COURSE		2	50

SEMESTER 4

COURSE	COURSE TITLE	TYPE	L- T- P	CREDIT	MARKS
CC1D (DISCIPLINE 1-PSYCHOLOGY)	STATISTICAL METHODS AND PSYCHOLOGICAL RESEARCH	CORE COURSE	4- 0- 2	6	75
CC2D (DISCIPLINE 2-ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	CORE COURSE		6	75
L$_2$-2	HINDI/MIL- CORE-L$_2$	LANGUAGE		6	75
SEC2 (DISCIPLINE 1-PSYCHOLOGY)	i) MANAGING STRESS OR ii) MAKING DECISIONS	SKILL ENHANCEMENT COURSE		2	50

SEMESTER 5

COURSE	COURSE TITLE	TYPE	L- T- P	CREDIT	MARKS
DSE1A (DISCIPLINE 1-PSYCHOLOGY)	i) LIFE SPAN DEVELOPMENT OR ii) INDUSTRIAL/ ORGANIZATIONAL PSYCHOLOGY	DISCIPLINE SPECIFIC ELECTIVE	4- 0- 2	6	75
DSE2A (DISCIPLINE 2- ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	DISCIPLINE SPECIFIC ELECTIVE		6	75
GE1 (DISCIPLINE 1-PSYCHOLOGY)	i) PSYCHOLOGY FOR LIVING OR ii) PSYCHOLOGY AT WORK	GENERIC ELECTIVE		6	75
SEC3 (DISCIPLINE 1-PSYCHOLOGY)	i) PSYCHOLOGY IN EDUCATION OR ii) MANAGING HUMAN RESOURCES	SKILL ENHANCEMENT COURSE		2	50

SEMESTER 6

COURSE	COURSE TITLE	TYPE	L- T- P	CREDIT	MARKS
DSE1B (DISCIPLINE 1-PSYCHOLOGY)	i) COUNSELING PSYCHOLOGY OR ii) HEALTH AND WELL – BEING	DISCIPLINE SPECIFIC ELECTIVE	4- 0- 2	6	75
DSE2B (DISCIPLINE 2- ANY DISCIPLINE OTHER THAN PSYCHOLOGY)	ANY DISCIPLINE OTHER THAN PSYCHOLOGY	DISCIPLINE SPECIFIC ELECTIVE		6	75
GE2 (DISCIPLINE 1-PSYCHOLOGY)	i) PSYCHOLOGY OF GENDER OR ii) PSYCHOLOGY AND MEDIA	GENERIC ELECTIVE		6	75
SEC4 (DISCIPLINE 1-PSYCHOLOGY)	i) APPLICATIONS OF SOCIAL PSYCHOLOGY OR ii) APPLICATION OF CLINICAL PSYCHOLOGY	SKILL ENHANCEMENT COURSE		2	50

CC1A: **FOUNDATIONS OF PSYCHOLOGY**

Objectives: To understand the basic psychological processes and their applications in everyday life.

THEORY- CREDIT 4

Unit 1: Introduction:
Psychology: a science and a perspective, origin and development of psychology, psychology in India, methods.

Unit 2: Cognitive processes:
Perception, nature of perception, laws of perceptual organization, learning- conditioning, observational learning; memory-processes, information processing model, techniques for improving memory

Unit 3: Motivation and Emotion:
Motives: biogenic and sociogenic Emotions:
aspects of emotions, key emotions

Unit 4: Personality and Intelligence:
Personality: nature, theories
Intelligence: nature, theories

Practicum –CREDIT 2: Two experiments to be done on any two topics from 1A

Readings:
Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
Ciccarelli , S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson
Feldman.S.R.(2009).Essentials of understanding psychology (7th Ed.) New Delhi : Tata Mc Graw Hill.
Glassman,W.E.(2000).Approaches to Psychology(3rd Ed.) Buckingham: Open University Press.

CC1 B: INTRODUCTION TO SOCIAL PSYCHOLOGY

Objective: To understand the basics of social psychology and to understand the individual in the social world.

THEORY- CREDIT 4

Unit 1: Introduction:
Brief history of social psychology (special emphasis on India), Scope of social psychology, levels of social behaviour, approaches towards understanding social behavior

Unit 2: Individual level processes:
Person perception: attribution-theories, biases and errors Attitude: formation, change and resistance to change

Unit 3: Interpersonal processes:
Interpersonal attraction, pro-social behaviour, aggression

Unit 4: Group dynamics:
Key aspects of groups, cooperation and conflict, group decision making.

PRACTICUM- CREDIT-2

Two experiments to be done on any two topics from 1B

Readings:

Baron, R.A., Byrne, D. & Bhardwaj. G (2010).Social Psychology (12th Ed).New Delhi: Pearson.

Chadha, N.K. (2012). Social Psychology. MacMillan: New Delhi Myers, D.G. (2008). Social

psychology. New Delhi: Tata McGraw-Hill.

SEMESTER-III

CC1C**: PSYCHOLOGICAL DISORDERS**

Objective: To develop an understanding of the various psychological disorders and their treatment.

THEORY: CREDIT 4

Unit 1: Basic Concepts: Definition and criteria of abnormality, classification, Diathesis Stress Model.
Unit 2: Theoretical perspectives:
Biological, familial, cultural, behavioral, cognitive and psychodynamic.

Unit 3: Clinical states:

Anxiety disorders-Obsessive compulsive disorder, mood disorders-Unipolar, Bipolar; schizophrenia: Disorganized, Paranoid and Catatonic, learning disabilities.

Unit 4: Treatment of disorders:

a) Biological treatment: Pharmacotherapy and Electroconvulsive therapy
b) Psychological treatment: Psychoanalytic therapy, Behaviour therapy and Cognitive-Behaviour therapy.
PRACTICUM- CREDIT-2 Two experiments to be done on any two topics from 1C

Readings:

Carson,R.C., Butcher,J.N.,Mineka,S.& Hooley,J.M. (2008). Abnormal Psychology. New Delhi: Pearson.

Barlow D.H. and Durand V.M. (2005). Abnormal Psychology: An Integrated Approach (4th Ed.).Wadsworth: New York.

Frude, N. (1998). Understanding abnormal psychology. Oxford: Blackwell Publishers.

SEMESTER IV

CC1D: STATISTICAL METHODS AND PSYCHOLOGICAL RESEARCH

Objective: To introduce basic statistical methods, psychological testing and qualitative methods and their uses.

THEORY: CREDIT 4

Unit 1: Introduction: Scales of measurement, graphical representation of data

Unit 2: Data analysis: Measures of central tendency: Mean, median, mode (properties and computation). Standard deviation: properties and computation. Correlation: Pearson method, properties of Normal Probability Curve (NPC).

Unit 3: Psychological Testing: Introduction to psychological testing, characteristics of test, Reliability, Validity, Norms, standardization, types of tests,

Unit 4: Qualitative methods: Interview, observation, case study

Practicum: CREDIT 2 Two practicum to be done: 1 psychological test + 1 practical based on unit 4.

Readings:

Chadha, N.K. (1991) Statistics for Behavioral and Social Sciences. Reliance Pub. House: New Delhi.

Garrett, H.E. & Woodworth, R.S. (1987). Statistics in Psychology and Education. Mumbai: Vakils, Feffer & Simons Pvt. Ltd.

Gregory, R.J. (2006). Psychological Testing: History, Principles, and Applications (4thEd.). New Delhi: Pearson Education.

King, B.M. & Minium, E.W, (2007). Statistical Reasoning in the behavioral Sciences USA: John Wiley & Sons.

ELECTIVE: DISCIPLINE SPECIFIC DSE (Any 2) (1 in sem V and 1 in Sem VI):

SEMESTER-V

 DSE-1

i)   LIFE SPAN DEVELOPMENT

Objectives: To understand how human life unfolds from conception to late adulthood and to understand the relationship between theory and applications within each domain of development.

THEORY- CREDIT 4

1. Introduction to life-span perspective: Nature, issues and theoretical perspectives; Life-span development in the Indian context; methods and designs

2. Physical development: Patterns of growth from conception till late adulthood; disability; Death and dying.

3. Cognitive development: Introduction, Piagetian, Vygotskian, and Information processing approaches; Cognitive changes in adulthood and old age; Language development.

4. Socio-emotional development: Emotional development; Moral development; The Self; Gender and sexuality; Successful aging.

Practicum: CREDIT-2 Students have to carry out any 1 practicum based on the syllabus.

Readings:

Berk, L. E. (2010). Child Development (9th Ed.). New Delhi: Prentice Hall.

Feldman, R.S. & Babu, N. (2011). Discovering the life-span. New-Delhi: Pearson.
Santrock, J.W. (2012). A topical approach to life-span development. New-Delhi:Tata McGraw-Hill.

OR

ii)   INDUSTRIAL/ ORGANIZATIONAL PSYCHOLOGY

Objective: To introduce the basic concepts of I/O psychology and to understand the applications of psychology at the workplace.

THEORY :CREDIT 4

Unit 1: Introduction: Industry and organization; Current status of I/O psychology, I/O psychology in the Indian context.
UNIT 2: Work Related Attitudes: Job satisfaction; Organizational Commitment; Organizational Citizenship Behavior; Work Engagement.

UNIT 3: Work Motivation: Theories and application; Indian perspective.

Unit 4: Leadership: Contemporary perspectives on leadership; Cross-cultural leadership issues; Indian perspective on leadership

Practicum CREDIT -2 Any one practicum based on the syllabus.

Reading List:

Aamodt, M. G. (2001) Industrial Organizational Psychology. India: Cengage Learning.

Chadha, N.K. (2007) Organizational Behavior. Galgotia Publishers: New Delhi.
Greenberg, J. & Baron, R.A. (2007). Behaviour in Organizations (9th Ed.). India: Dorling Kindersley.

Luthans, F. (2009). Organizational behavior. New Delhi: McGraw Hill.

Muchinsky, P.(2006). Psychology applied to work: An introduction to industrial and organizational psychology. NC: Hypergraphic Press.

Pareek, U.(2010). Understanding organizational behaviour. Oxford: Oxford University Press.

DSE 1B:

i)   COUNSELING PSYCHOLOGY

Objective: To develop an understanding of basic concepts, processes, techniques of Counselling.

THEORY- CREDIT 4

1. Introduction: Meaning and goals; Counseling process and relationship; Counselor effectiveness, Counseling in the Indian context

2. Approaches: Overview of approaches to counseling: Psychodynamic, Behavioral, Person-centered and Cognitive-behavioral

3. Techniques: Play, art, drama, music, dance; Yoga and meditation

4. Applications: Family Counseling; School and Career Counseling.

Practicum CREDIT-2: Students are required to carry out any 1 practical based on the syllabus.

Readings:

Gladding, S. T. (2012) Counseling: A Comprehensive Profession. (7th ed). Pearson

Rao, S.N. & Sahajpal, P. (2013) Counselling and Guidance. New Delhi: Tata McGraw Hill.

Seligman,L.& Reichenberg ,L.W.(2010). Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills. 3rd Ed. Indian reprint: Pearson.

OR

ii)   **HEALTH AND WELL – BEING**

Objective: To develop an understanding of health and how to maintain health and wellbeing.

THEORY- CREDIT 4
UNIT 1: Introduction to Health Psychology: components of health, relationship between health and psychology, mind and body relationship, goals of health psychology

UNIT 2: Well-Being: components of well-being: life satisfaction, affect

UNIT 3: Stress, illness and pain: causes, consequences and coping with stress, pain and illness.

UNIT 4: Health enhancing behaviors: Implications for well-being: psychological factors: resilience, hope, optimism; exercise, safety, nutrition.

Practicum: CREDIT-2 Students are required to carry out any 1 practical based on the syllabus.

Reading List:

Di Matteo, M.R. and Martin, L.R.(2002). Health psychology. New Delhi: Pearson.
Sarafino, E.P. (2002). Health psychology: Bio psychosocial interactions (4th Ed.).NY: Wiley.

Snyder, C.R., & Lopez,S.J.(2007).Positive psychology :The scientific and practical explorations of human strengths. Thousand Oaks, CA: Sage.

Taylor, S.E. (2006). Health Psychology (6th Ed.). New York: Tata McGraw Hill.

SEMESTER-III

SEC 1:

i)   DEVELOPING EMOTIONAL COMPETENCE

Objective: To help the students learn how to understand and manage their emotions and develop emotional competencies.

2 CREDITS

Unit 1: Introduction: importance of recognizing and understanding emotions in oneself and others, importance of managing one's emotions.

Unit 2: EQ competencies: self-awareness, self-regulation, motivation, empathy, and interpersonal skills

Readings:

Goleman, D. (1995). Emotional Intelligence**.** New York: Bantam Book.

Goleman, D. (1998). Working with Emotional Intelligence**.** New York: Bantam Books.

Singh, D. (2003). Emotional intelligence at work (2 nd ed.) New Delhi: Response Books.

OR

COMMUNITY PSYCHOLOGY
Objective: To learn the link between individuals and communities and deal with social issues
more effectively with people's participation.
UNIT 1 Introduction and   Core values : Definition of community psychology; types of communities; models. Individual and family wellness; sense of community; respect for human diversity; social justice; empowerment.
UNIT 2 Health promotion: community organization for health promotion, importance.
Community program for: child and maternal health in the Indian
context.

Readings:
Banerjee, A., Banerji, R., Duflo, E., Glenneske, R., & Khenani, S. (2006). Can Information
Campaign start local participation and improve outcomes? A study of primary education in Uttar
Pradesh, India, World Bank Policy Research, Working Paper No.3967
Fetterman, D.M., Kaftarian, S.J. & Wandersman, A (Eds)(1996) Empowerment Evaluation, New
Delhi : Sage Publication.
Kloos B. Hill, J Thomas, Wandersman A, Elias M.J. & Dalton J.H. (2012). Community
Psychology: Linking Individuals and Communities, Wadsworth Cengage Learning.
McKenzie, J. F. Pinger, R. R. & Kotecki, J. E. (2005). An introduction to community health.
United States: Jones and Bartlett Publishers.
Misra, G. (Ed). (2010) Psychology in India. Indian Council of Social Science Research. Dorling
Kindersley (India) Pvt Ltd. Pearson Education.
Poland, B. D., Green, L.W. & Rootman, I.(2000) Setting for Health Promotion: Linking Theory
and Practice, Sage Publication, New Delhi.

SEMESTER-IV

SEC 2:

i)   MANAGING STRESS

Objective: To understand the main symptoms and sources of stress and learn ways of coping with stress.

CREDIT-2

Unit 1: Stress: Nature of stress, symptoms of stress, sources of stress, Stress and health

Unit 2: Managing stress: Methods - yoga, meditation, relaxation techniques, problem focused and emotion focused approaches

Readings:

DiMatteo, M.R. & Martin, L.R.(2002). **Health psychology.** New Delhi: Pearson.

Neiten, W. & Lloyd, M.A (2007). Psychology applied to Modern life. Thomson Detmar Learning.

Taylor, S.E. (2006). Health psychology, 6th Edition. New Delhi: Tata McGraw Hill.

OR
ii)   MAKING DECISIONS

Objective: Students will learn various strategies through which they can make good decisions.
CREDIT-2

Unit 1: Introduction: Basic concepts of decision making, Importance of making good decisions, self-efficacy.

Unit 2: Making effective decisions: Decisions regarding career, Decision making in interpersonal context, Decision making at the workplace

Readings:

Adler, R.B & Proctor, R.F (2009). Communication Goals and Approaches. Wadsworth cengage Learning, India

Chadha, N.K. & Bhatia, H. (2014). Career Development-different voices, different choices.
The Readers Paradise: New Delhi.

Sherfield, R.M., Montgomery, R.J., & Moody, P.G. (2009). Developing soft skills. Pearson Education, India.

SEMESTER-V

SEC 3:

i)   PSYCHOLOGY IN EDUCATION

Objective: To understand how the principles of psychology can be applied to the area of education.

CREDIT-2

Unit I: Introduction to Educational Psychology: Nature, scope & relevance of Educational Psychology, Human Diversity and Education (Socio-cultural Differences: Gender, Socio-Economic Status, Linguistic Diversity)

Unit 3: Effective Teaching and Classroom Management

Characteristics of Effective Teachers, Teaching Methods, Classroom Management, Responsibilities of Teachers towards learners with Special Needs.

Readings:

Lahey R.B. Graham J. E., (2000) An Introduction to Educational Psychology, 6th Ed., Tata McGraw Hill Publishers, New Delhi.

Santrock John W. (2010) Educational Psychology, Inwin Professional Publishers, Delhi.

Woolfolk Anita (2004) Educational Psychology, 9th Edition, Alyyn and Bacon, Boston.
Woolfolk Anita & Woolfolk Hoy Anita (2008) Educational Psychology, Pearson, New Delhi.

OR

ii)   MANAGING HUMAN RESOURCES

Objective: To understand the main concepts related to human resource management and learn related techniques.

Unit 1: Introduction: Human resource management, Human resource development, Strategic Human Resource Management, International Human Resource Management, cross-cultural issues.

Unit 2:   Human resource practices: Job analysis, Selection, training, performance evaluation.

Readings:

Aamodt, M.G. (2001) Industrial/ Organizational Psychology. Thompson Wadsworth, a division of Thompson learning Inc.

Chadha, N.K. (2005). Human Resource Management-Issues, case studies and experiential exercises.3rd edition. New Delhi: Sai Printographers.

DeCenzo,D.A.& Robbins, S.P.(2006). Fundamentals of human resource management. (8th Ed). NY: Wiley.

Harzing,A-W.K. and Pennington, A. (2011). International human resource management. New Delhi: Sage publications.

Muchinsky, P.M. (2006) Psychology applied to work: An Introduction to Industrial and Organizational Psychology. NC : Hypergraphic press

SEC 4:

i)   APPLICATIONS OF SOCIAL PSYCHOLOGY

Objective: To apply the principles of social psychology to understand and deal with social issues.

Unit 1: Introduction: Importance of application of social psychological knowledge, developing interventions, impact analysis, case studies in the Indian context

Unit 2: Applications of social psychology: diversity, health, environment, population, law, work.

Readings:

Kloos, B., Hill, J., Thomas, E., Wandersman, Elias, M. J., & Dalton, J.H. (2012). Community psychology: Linking individuals and communities. Wadsworth, Cengage.

Schneider, F.W., Gruman, A., Coults, L .M. (Eds.). (2012). Applied social psychology: Understanding and addressing social and practical problems. New Delhi: Sage publications.

OR

ii)   APPLICATION OF CLINICAL PSYCHOLOGY
A.SKILL BASED TRAINING ON CASE HISTORY TAKING AND MEASUREMENT OF INTELLIGENCE

   a) Case History taking & Mental Status Examination
   b) Measuring intelligence of an adult individual using any suitable Intelligence Test.
B. IMPORTANCE OF WRITING A SHORT REPORT
   a) writing a report based on the test.

ELECTIVE: GENERIC (GE) (Any 2: 1 each in sem 5 and 6):
THEORY-4 CREDITS, PRACTICAL-2 CREDITS

SEMESTER-V

GE 1: PSYCHOLOGY FOR LIVING

   Unit 1: Introduction: What is psychology, relevance of psychology, mind-body relationship, psychological factors and physical illness, body image, lifestyle interventions.

   Unit 2: Self and relationships: importance of family and peer groups in one's life, importance of emotional intelligence, role of culture.

   Unit 3: Self in disintegrative experiences: **anxiety, stress, depression, coping**

   Unit 4: Growth and actualizing self: self-direction, subjective well-being, hope, optimism, resilience.

   Practical- any one based on this paper

Readings:

Atwater, E. & Grover, D. & Karen (1999). Psychology for living: Adjustment, growth and behavior

today. Prentice Hall.

Carr, A. (2004). Positive Psychology: The science of happiness and human strength.UK: Routledge.

OR

GE 1: PSYCHOLOGY AT WORK
Objectives:
• To understand the meaning and theoretical foundations of I/O Psychology and to develop an understanding of how the various theories and methods of I/O Psychology apply to the real work settings
Unit I: Introduction to I/O Psychology
Definition, Brief History, Contemporary Trends and Challenges, I/O Psychology in India.

Unit II: Job Satisfaction and Work Motivation
Concept of Job satisfaction and work motivation, causes of Job Satisfaction, outcomes of Job Satisfaction.
Unit III: Communication in Organizations
Communication process, purpose of communication in organizations, communication networks, barriers to effective communication, managing communication
Unit IV: Leadership
The meaning of leadership, early approaches to leadership, contemporary approaches to leadership-Transformational & Transactional Leadership;
 PRACTICAL- any one based on this paper

Reading List:

Adler, N.J. (1997). Global Leaders; A Dialogue with future history, Journal of International Management, 2, 21-33.
Adler, N.J. (1997).Global Leadership: Women Leaders. Management International Review, Vol. 37, International Human Resources and Cross Cultural Management, 171-196.
Chadha, N.K. (2007). Organizational Behavior. Galgotia Publishers: New Delhi.
Greenberg, J. & Baron, R.A. (2007). Behaviour in Organizations (9th Ed.). India: Dorling Kindersley
Griffin, R.W. & Moorhead, G. (2009).Organizational Behavior: Managing People & Organizations. Biztantra publishers
Robbins, S. P. & Judge, T.A. (2007).Organizational Behavior. 12th Edition. New Delhi: Prentice Hall of India.
Robbins, S. P. & Judge, T.A. (2008). Essentials of Organizational Behavior. 9th Edition. New Delhi: Prentice Hall of India.
 Singh, K. (2010). Organizational Behavior: Texts & Cases. India: Dorling Kindersley

SEMESTER-VI

GE 2: PSYCHOLOGY OF GENDER

Unit 1: Introduction: Conceptualization and measurement of gender roles and gender role attitudes

Unit 2: Sex related comparisons: cognitive abilities, social domains, emotion, moral development, theories

Unit 3: Gender: Aggression, achievement, communication, friendship, romantic relationships

Unit 4: Sex differences in health, relationships and health, work roles and health, mental health.

Practical- any one based on this paper

Readings:

Helgeson, V.S. (2006). Psychology of Gender. Pearson education.

OR

GE-2 PSYCHOLOGY AND MEDIA
Objective: To understand the effect of media on human psyche and to develop a critical awareness of the underlying psychological processes and mechanisms

UNIT I: Media and User: understanding mass media; Issues in Media psychology: Construction of reality, media and culture, Media and ethics, regulation.

UNIT II: Media and advertising: Developing an effective advertising programme /media promotions/ campaigns for social marketing.

UNIT III: Audio-Visual media (TV and movies) and Print media: Nature and their impact; Developmental issues: fantasy Vs reality, socialization, stereotyping, violence, and cybercrime.

UNIT IV: Interactive and emerging technologies: Virtual social media, interactive media, gaming, issues of internet addiction.

PRACTICAL- Any one practical based on this paper

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