

CURRICULUM VITAE as on 2021



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|------------------------------|--|
| 1. NAME | : DR. GOPA SAHA ROY |
| 2. FATHER'S NAME | : LATE AMALENDU SAHA ROY |
| 3. DATE OF BIRTH | : 15.04.1967 |
| 4. NATIONALITY | : INDIAN |
| 5. STATE OF DOMICILE ADDRESS | : WEST BENGAL |
| 6. OFFICIAL ADDRESS | : THE UNIVERSITY OF BURDWAN,
DEPTT.OF PHYSICAL EDUCATION,
GOLAPBAG,BURDWAN, PIN-71304. |
| 7. PERMANENT ADDRESS | : PEERLESS APARTMENT, FLAT-3, 81,
KALNA ROAD, BADAMTALA,
P.O. & Dist- BURDWAN,
WEST BENGAL, PIN- 713101 |
| 8. CONTACT NUMBER | : MOB- 9433472899, 6296344401 |
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❖ **EDUCATIONAL QUALIFICATIONS:**

➤ **ACADEMIC**

SL NO.	NAME OF THE EXAMINATION	BOARD / UNIVERSITY	YEAR OF PASSING
1.	SECONDARY	W.B.B.S.E.	1983
2.	HIGH.SECONDARY	W.B.C.H.S.E.	1985
3.	B.A.	B.U.	1987

➤ **PROFESSIONAL**

SL NO.	NAME OF THE EXAMINATION	UNIVERSITY	YEAR OF PASSING
1.	BACHELOR OF PHYSICAL EDUCATION	KALYANI UNIVERSITY	1989
2.	MASTER OF PHYSICAL EDUCATION	KALYANI UNIVERSITY	1991
TITLE OF THESIS: "STUDY OF ANTHROPOMETRIC MEASUREMENTS AND BODY COMPOSITION VARIABLES OF FEMALE ATHLETES PARTICIPATED IN ALL INDIA INTER-UNIVERSITY ATHLETIC MEET, 1991". UNDER THE GUIDENCE OF DR. PROF. SUDARSAN BHOWMICK.			
3.	NATIONAL ELIGIBILITY TEST	U.G.C.	1993
4.	P.G.DIP.IN YOGA AND PHYSIOTHERAPY	NETAJI SUBHAS OPEN UNIVERSITY	2005
5.	MASTER OF PHYLOSOPHY IN PHYSICAL EDUCATION	ANNAMALAI UNIVERSITY	2009
M.PHIL.THESIS: "EFFECT OF AEROBIC TRAINING ON GLYCEMIC CONTROL AND SELECTED PHYSIOLOGICAL VARIABLES OF ACTIVE NIDDM FEMALE SUBJECTS". UNDER THE GUIDENCE OF Dr. DILIP KUMAR BANDYOPADHYAY.			
6.	PH.D IN PHYSICAL EDUCATION	KALYANI UNIVERSITY	2010
Ph.D.TITLE : EFFECT OF AEROBIC TRAINING PROGRAMME ON SELECTED PHYSIOLOGICAL VARIABLES AMONG ACTIVE AND MODERATELY ACTIVE NIDDM FEMALE." UNDER THE GUIDENCE OF Dr. DILIP KUMAR BANDYOPADHYAY.			

7. MINOR RESEARCH PROJECT ON

TITLE AS "DETERMINATION OF ANAEROBIC THRESHOLD LEVEL AS A PREDICTOR FOR SPEED ENDURANCE PERFORMANCE ABILITY" SUBMITTED ON 02.09.2013." UNDER THE GUIDENCE OF Dr. DILIP KUMAR BANDYOPADHYAY.

8. ADMINISTRATIVE & TEACHING EXPERIENCE:

NAME OF ORGANISATION/ INSTITUTE	POSITION HELD	DURATION		NATURE OF WORK	REASON FOR LEAVING
		FROM (DATE)	TO (DATE)		
OFFICE OF THE D.O.P.E. AND Y.W. HOOGHLY	DIST. OFFICER (I.C.)	07.06.06	10.09.07	ADMINISTRATIVE	OFFICIAL BETTERMENT
D.O.P.E. AND Y.W. BWN	DIST. OFFICER (I.C.)	10.06.03	06.06.06	"	"

D.O.P.E. AND Y.W. MIDNAPORE	DIST. ORGANISER	13.12.2000	11.06.03	"	"
LORETO CONVENT ASANSOL	ASST. TEACHER	18.12.91	17.12.2000	TEACHING	"
S.I.P.E.W. HASTING HOUSE ALIPORE, KOL-27	LECTURER	11.04.07	5 YEARS	TEACHING	"
S.I.P.E.W. HASTING HOUSE ALIPORE, KOL-27	ASST. PROFESSOR	11.04.12 TO 22.06.15	8+ YEARS	TEACHING	"
THE DEPARTMENT OF PHYSICAL EDUCATION ,THE UNIVERSITY OF BURDWAN	ASSOCIATE PROFESSOR	23.06.15 TILL DATE	7+YERAS	TEACHING	"

9. MASTER'S THESIS GUIDANCE:

1. "STUDY OF SOCIO-ECONOMIC STATUS OF B.P.ED. AND M.P.ED. STUDENTS OF S.I.P.E.W., KOLKATA-2008"
2. "A STATUS OF ACADEMIC PERFORMANCE AND PHYSICAL FITNESS OF B.P.ED. STUDENTS".
3. "A STUDY OF GAMES AND SPORTS FACILITIES AT ENGINEERING COLLEGES AND SCIENCE UNIVERSITY OF WEST BENGAL".
4. "TALENT IDENTIFICATION IN BOXING – 2009".
5. "ATTITUDE OF PARENTS TOWARDS PHYSICAL EDUCATION AMONG THE URBAN AND RURAL GIRLS-2009".
6. "STUDY OF ANTHROPOMETRIC MEASUREMENTS OF FEMALE ATHLETES PARTICIPATED IN B.P.ED AND M.P.ED COURSE".
7. "PLAY FACILITIES IN ENGLISH MEDIUM SCHOOL".
8. "A STUDY POSTURAL DEFORMITIES AND HEALTH HAZARD OF SENIOR CITIZEN IN W.B."
9. "STATUS OF MENSTRUAL CYCLE AMONG COLLEGE STUDENTS OF PINGLA THANA MAHAVIDYALAYA AT WEST MEDINIPUR IN W.B."
10. "DEMOGRAPHIC STUDY OF DIFFERENT HEALTH HAZARDS OF VETERANS ATHLETE OF W.B."
11. "COMPARATIVE STUDY REGARDING THE MILEAGE COVERED IN DIFFERENT NEWS PAPER IN A FOOTBALL MATCH".
12. "EFFECT OF 6 WEEKS YOGA TRAINING ON NIDDM PATIENT".
13. "EFFECT OF SMOKING ON PERSONALITY OF DISTRICT LEVEL MALE FOOTBALL PLAYERS".
14. "A COMPARATIVE STUDY OF LEG STRENGTH AND REACTING TIME OF DIFFERENT TYPES OF UNORGANIZED WOMAN LABOUR OR 24-PGS".
15. "A COMPARATIVE STUDY OF HEALTH RELATED PHYSICAL FITNESS BETWEEN RURAL AND URBAN GIRLS".
16. "STUDY OF SELECTED ANTHROPOMETRIC MEASUREMENT AND CARDIO RESPIRATORY FITNESS OF DIFFERENT LEVEL OF BASKET BALL PLAYERS".
17. "A COMPARATIVE STUDY OF EXPLOSIVE STRENGTH BETWEEN BASKET BALL AND VOLLEY BALL PLAYERS".
18. "EFFECT OF 6 WEEKS YOGIC PRACTICE OF TYPE II DIABETIC WOMEN".
19. "A COMPARATIVE STUDY OF SELECTED PHYSIOLOGICAL AND ANTHROPOMETRIC MEASUREMENT OF STATE LEVEL WOMEN BASKET BALL PLAYERS AND FOOTBALL PLAYERS IN W.B."
20. "A STUDY ON JOB SATISFACTION OF PHYSICAL EDUCATION TEACHER OF W.B."
21. "A COMPARATIVE STUDY ON PSYCHOLOGICAL HARDINESS AND COPING STRATEGIES OF MALE AND FEMALE STATE LEVEL KHO-KHO PLAYERS".
22. "A COMPARATIVE STUDY ON GENERAL INTELLIGENCE AND CREATIVITY BETWEEN B.P.ED. AND B.ED FEMALE STUDENTS".
23. "A COMPARATIVE STUDY OF PERSONAL STRESS AND PERSONALITY OF FEMALE ATHLETE AND NON ATHLETE STUDENTS".
24. "AN ASSESSMENT OF GENERAL STRESS AND COPING MECHANISM AMONG THE MALE AND FEMALE WORKERS OF PRIVATE AND GOVERNMENT SECTORS OF BURDWAN DISTRICT LEVEL".
25. "RELATIONSHIP ON COORDINATIVE ABILITY TO SPRINTING PERFORMANCE OF M.P.ED PROFESSIONAL ATHLETES".
26. "A COMPARATIVE STUDY OF AEROBIC AND ANAEROBIC CAPACITY AND PHYSICAL CHARACTERISTICS OF SOCCER PLAYERS AT DIFFERENT FIELD POSITIONS IN SOCCER AT COLLEGE LEVEL STUDENTS".
27. "STUDY OF THE STRUCTURAL MEASUREMENTS OF MALE ATHLETES PARTICIPATED IN RUNNING, JUMPING AND THROWING EVENTS AT INTER-COLLEGE ATHLETIC MEET 2017".
28. "ANTHROPOMETRIC, MOTOR FITNESS AND MOTOR SKILL DETERMINANTS OF PERFORMANCE IN INTER-COLLEGE LEVEL HANDBALL PLAYERS".

29. "THE COMPARATIVE STUDY OF PRINT MEDIA COVERAGE ON YOUTH WORLD FOOTBALL MADNESS VS. CRICKET CRAZINESS".
30. STUDY ON BREATH HOLDING CAPACITY OF MALE AND FEMALE STUDENTS AT UNIVERSITY LEVEL IN RELATION TO VITAL CAPACITY".
31. "A STUDY ON RELATIONSHIP BETWEEN SOLE MORPHOLOGY AND AEROBIC CAPACITY WITH GOAL SCORING ABILITY OF PLANE LAND SOCCER PLAYERS".
32. "COMPARATIVE STUDY OF SELECTED PHYSIOLOGICAL VARIABLES AND MOTOR FITNESS COMPONENTS BETWEEN PHYSICALLY TRAINED AND UNTRAINED ADULT STUDENTS".
33. "EFFECTS OF STEP UP, DANDS & BAITHAKS AND ROPE SKIPPING EXERCISE ON SELECTED PHYSICAL FITNESS VARIABLES AMONG POST GRADUATE PHYSICAL EDUCATION MALE STUDENTS".
34. "INVESTIGATION ON THE REPRODUCTIVE PHYSIOLOGY OF THE BENGALI FEMALE ATHLETES".
35. "A COMPARATIVE STUDY ON PSYCHOLOGICAL HARDINESS AND COPING STRATEGIES BETWEEN UNIVERSITY LEVEL MALE BASKETBALL AND VOLLEYBALL PLAYERS".
36. "A COMPARATIVE STUDY ON PERSONALITY TRAITS OF PHYSICAL EDUCATION AND MINOR ELECTIVE STUDENTS AT POST GRADUATE LEVEL".
37. "RELATIONSHIP OF VERTICAL AND HORIZONTAL JUMP AS INDICATOR OF SPEED PERFORMANCE".
38. "A STUDY ON ANXIETY BETWEEN UNIVERSITY LEVEL ATHLETES AND NON- ATHLETES.
39. COMPARATIVE STUDY ON PHYSIOLOGICAL AND MOTOR FITNESS VARIABLES AMONG DIFFERENT TYPES OF SPECIAL STUDENTS".
40. "COMPARATIVE STUDY ON MOTOR FITNESS VARIABLES AND HEALTH RELATED FITNESS VARIABLES OF STATE LEVEL KABADDI AND KHO-KHO PLAYERS".
41. "THE CONTRIBUTION OF PRINT MEDIA COVERAGE ON THE BASIS OF GENDER AND EVENTS IN RIO OLYMPIC 2016".
42. "A STUDY ON PERSONALITY TRAITS OF STATE LEVEL NCC CANDIDATES".
43. "A ANALYTICAL STUDY OF LIFESTYLE ACTIVITIES ON UNSKILLED WOMEN IN PASCHIM MEDINIPUR DISTRICT".
44. "A STUDY OF INTER DEPENDENCE BETWEEN SELECTED BODY COMPOSITION VARIABLES AND MOTOR FITNESS COMPONENTS OF UNIVERSITY LEVEL FOOTBALL PLAYERS".
45. AN ASSESMENT OF GENERAL STRESS & COPING MECHANISM AMONG THE MALE AND FEMALE WORKERS OF PRIVATE AND GOVERNMENT SECTORS OF BURDWAN DISTRICT LEVEL.
46. RELATIONSHIP ON CO-RDNATIVE ABILITY TO SPRINTING PERFORMANCE OF PROFESSIONAL ATHLETES.
47. A COMPARATIVE STUDY OF AEROBIC AND ANAEROBIC CAPACITY AND PHYSICAL CHARACTERISTICS OF SOCCER PLAYERS AT DIFFERENT FIELD POSITION IN SOCCER AT COLLEGE LEVEL STUDENTS..
48. STUDY OF THE STRUCTURAL MEASURMENTS OF MALE ATHLETES PERTICIPATED INRUNNING, JUMPING AND THROWING EVENTS AT INTER-COLLEGE ATHLETIC MEET 2017.
49. ANTHROPOMETRIC MOTOR FITNESS AND MOTOR SKILLS DETERMINANTS OF PERFORMANCE IN INTER-COLLEGE LEVEL HANDBALL PLAYERS.
50. COMPARATIVE STUDY OF PRINT MEDIA COVERAGE ON YOUTH WORLD FOOTBALL MADNESS VS CRICKET CREZINES.
51. STUDY ON BRETH HOLDING CAPACITY OF MALE AND FEMALE STUDENTS AT UNIVERSITY LEVEL IN RELATION TO VITAL CAPACITY.
52. A STUDY ON RELATIONSHIP BETWEEN SOLE MORPHOLOGY AND AEROBIC CAPACITY WITH GOLE SCORING ABILITY OF PLANE LAND SOCCER PLAYERS.
53. COMPARATIVE STUDY OF SELECTED PHYSIOLOGICAL VARIABLES AND MOTOR FITNESS COMPONENTS BETWEEN PHYSICALLY TRAINED AND UNTRAINED ADULT STUDENTS.
54. EFFECTS OF STEP UP DANDS & BAITHAKS AND ROPE SKIPPING EXERCISE ON SELECTED PHYSICAL FITNESS VARIABLES AMONG POST GRADUATE PHYSICAL EDUCATION MALE STUDENTS.
55. INVESTGATION ON THE REPRODUCTIVE PHYSIOLOGY OF THE BENGALI FEMALE ALTLETES.
56. A STUDY ON RELATIONSHIP BETWEEN SELECTED FITNESS COMPONENT AND ABILITY TO PLAY BASKETBALL.
57. A COMPARATIVE STUDY OF CARDIO-VASCULAR FITNESS AMONG YOUNG ATHLETES OF BURDWAN DISTRICT.
58. A SURVEY OF BODY MASS INDEX AND WAIST HIP RATIO AMONG PRIMARY LEVEL STUDENTS.
59. EFFECT OF 3 MONTH CONDITIONING PROGRAMME ON MOTOR PERFORMANCE IN STUDENTS OF GRADE 7 AND 8 IN BURDWAN DISTRICT LEVEL.
60. A STUDY ON CORRELATION BETWEEN DIFFERENT ANTHROPOMETRIC AND SKINFOLD MEASUREMENTS WITH HIGH BLOOD PRESSURE AMONG DIABETIC PATIENTS.
61. A COMPARISON OF CO-ORDINATION ABILITY AMONG KABADDI AND KHO-KHO PLAYERS BASED ON A SELECTED FITNESS COMPONENTS.
62. A COMPARATIVE STUDY ON THE STATUS OF KNEE JOINT OF ACTIVE AND SEDENTARY AGED FEMALE OB BURDWAN.
63. A COMPARATIVE STUDY OF MEDIA COVERAGE OF WORLD CUP FOOTBALL TOURNAMENT IN 2018.
64. RELATIONSHIP OF SPEED WITH REACTION TIME, STANDING HEIGHT, LOWERS LIMB LENGTH AMONG SEDENTARY MALE AND FEMALE.

65. EFFECT OF ROMJANA ON PHYSIOLOGICAL COMPONENTS.
66. COMPARISON ON SELECTED CO-ORDINATIVE ABILITY AND FLEXIBILITY AND BALANCE BETWEEN STATE LEVEL DANCER AND GYMNAST FEMALE.
67. INTER RELATIONSHIP OF BODY COMPOSITION, AEROBIC AND ANAEROBIC CAPACITY OF VOLLEYBALL PLAYERS AT INTERS COLLEGE LEVEL.
68. RELATIONSHIP OF SELECTED FITNESS VARIABLES WITH BMI OF COLLEGE GOING STUDENTS.
69. A STUDY OF INTERDEPENDENCE BETWEEN SELECTED BODY COMPOSITION AND AEROBIC AND ANAEROBIC CAPACITY OF UNIVERSITY LEVEL FOOTBALL PLAYERS.
70. STUDY OF RELATION BETWEEN SELECTED ANTHROPOMETRIC MEASUREMENTS AND BODY COMPOSITION VARIABLES OF SWIMMERS IN DIFFERENT STYLES.
71. A COMPARATIVE STUDY OF LEARNING FUNCTION BETWEEN PHYSICALLY TRAINED AND SEDENTARY MALE ADULTS AT UNIVERSITY LEVEL.
72. CORRELATION BETWEEN LEISURE ACTIVITIES WITH BMI IN KINTER GARDEN OF URBAN AND GOVT. SCHOOL AND PRIVATE SCHOOL (PRE SCHOOL AGED CHILDREN) OF BURDWAN DISTRICT.
73. INDOOR AIR POLLUTION AND SPORTS APTITUDE AMONG THE RURAL AND URBAN STUDENTS OF BURDWAN TOWN IT'S ADJOINING AREA, BURDWAN, WESTBENGAL.
74. LEGEND IN PHYSICAL EDUCATION: DESIGNING A FRAME WORK.
75. A CORRELATION STUDY BETWEEN LEISURE ACTIVITY AND BMI OF DIFFERENT AGED PERSONS IN DISTRICT LEVEL.
76. CO-ORDINATIVE ABILITY BETWEEN BASKETBALL AND VOLLEYBALL PLAYERS AT COLLEGE LEVEL: A COMPARATIVE STUDY.
77. HEALTH AND MOTOR FITNESS VARIABLES ON DIFFERENT PHASES OF MENSTRUAL CYCLE OF OBESE AND NONOBESE SCHOOL STUDENTS : A STUDY
78. A COMPARATIVE STUDY ON EMOTIONAL INTELLIGENCE AND PERSONALITY TRAITS AMONG PROFESSIONAL TRAINEE IN WESTBENGAL.
79. A RELATIONSHIP STUDY ON MOTOR ABILITIES AND SKILL PERFORMANCE OF PLYOMETRIC EXERCISEES AMONG TRAINED BASKETBALLPLAYERS OF INTER COLLEGE LEVEL.
80. GEOGRAPHICAL CIRCUMSTANCES AND SPORTS: A CASE STUDY ON PRO- KABADDI IN INDIA.
81. A COMPARATIVE STUDY ON PSYCHOLOGY AND PHYSIOLOGICAL TRAITS AMONG NCC AND NONNCC SCHOOL LEVEL STUDENTS AT DISTRICT LEVEL.
82. ATTITUDE OF GURDIAN REGARDING FEMALE SPORTS PARTICIPATION: A SURVEY IN TWO SCHOOL IN BURDWAN DISTRICT.
83. A COMPARISON ON SELF CONFIDENCE OF BOYS GROUP WITH HIGH AND LOW ACADEMIC AND SPORTS PERFORMANCE.
84. PUBLICITY COVERAGE ON WORLD CUP CRICKET 2019.
85. RELATIONSHIP STUDY OF GIRTH MEASUREMENT, LEG EXPLOSIVE STRENGTH AND SPEED ABILITY TO JUMPING PERFORMANCE OF INTER COLLEGE LEVEL MALE JUMPERS.
86. RELATIONSHIP STUDY BETWEEN RESTING HEART RATE, NBHC,PBHC VARIABLES WITH ANAEROBIC POWER OF MEN FOOTBALL PLAYERS AT UNIVERSITY LEVEL.
87. COMPARISON AMONG COACHES AND ATHLETES ON PERSONALITY TRAITS AND COMPETITION ANXIETY AT STATE LEVEL.
88. A COMPARATIVE STUDY OF DIFFERENT TYPE OF TOBACCO USER ATHLETES AND NON ATHLETES ON PHYSICAL, PHYSIOLOGICAL AND HEAMATOLOGICAL VARIABLES ATURBAN REGION IN BURDWAN DISTRICT.
89. POSITIVE EFFECT OF YOGA MALE PRACTITIONNIRE ON CARDIORESPIRATORY FITNESS.
90. POSITIVE EFFECT OF YOGA SANA &, PRANAYAMA ON CARDIORESPIRATORY FITNES
91. LUNG FUNCTION CAPACITY OF SCHOOL GOING CHILDREN BOTH BOYS& GIRLS AND THEIR SPORTS PERFORMANCE.
92. MILEAGE COVERAGE ON CRICKET WORLD CUP 2019
93. LEGEND IN PHYSICAL EDUCATION: DESIGNIN A FRAME WORK
94. RELATIONSHIP STUDY BETWEEN RHR, NBHC, PBHC VARIABLES WITH AEROBIC POWER MEN FOOTBALL PLAYER AT UNIVERSITY.
95. POSITIVE EFFECT OF YOGA FEMALE PRACTIONNER ON CARDIO RESPIRATORY FITNESS: A COMPARATIVE STUDY
96. HEALTH RELATED AND MOTOR FITNESS VERIABLES ON DIFFIRANT PHASES OF MENSTURAL CYCLE OF SCHOOL STUDENTS
97. POSITIVE EFFECT OF YOGA MALE PRACTIONNER ON CARDIO RESPIRATORY FITNESS: A COMPARATIVE STUDY
98. RELATIONSHIP STUDY OF GIRTH MEASUREMENT, LEG EXPLOSIVE STRENGTH AND SPEED ABILITY TO JUMPING PERFORMANCE OF COLLEGE LEVEL MALE JUMPERS
99. COMPARISON ON SELF CONCEPT OF BOYS GROUP WITH HIGH AND LOW ACADEMIC AND SPORTS PERFORMANCE

100. A RELATIONSHIP ON MOTOR ABILITIES AND SKILLFUL PERFORMANCE OF AEROBIC AND PLYOMETRIC EXERCISES TRAINED MALE BASKETBALL PLAYERS AT UNIVERSITY LEVEL
101. COORDINATIVE ABILITY BETWEEN BASKETBALL AND VOLLEYBALL PLAYERS AT COLLEGE LEVEL: A COMPARATIVE STUDY.
102. A COMPARATIVE STUDY ON PHYSICAL, PHYSIOLOGICAL AND HEAMATOLOGICAL VARIABLES BETWEEN SMOKING AND NON SMOKING SPORTSMAN
103. "A COMPARATIVE STUDY ON PERSONALITY TRAITS AND PRE COMPETITION ANXIETY LEVEL BETWEEN ATHLETES AND COACHES AT STATE LEVEL"
104. ATTITUDE OF THE GUARDIAN REGARDING FEMALE SPORTS PARTICIPATION: A SURVEY AT TWO SCHOOLS IN 24 PGS(S), WB
105. LUNG FUNCTION CAPACITY AMONG BOYS AND GIRLS STUDENTS OF SCHOOL GOING CHILDREN AND THEIR SPORTS PERFORMANCE.
106. GEOGRAPHY AND SPORTS: A CASE STUDY ON KABADDI IN INDIA
107. A STUDY ON MOTIVATIONAL INTELLIGENCE AND PERSONALITY TRAITS AMONG PROFESSIONAL PHYSICAL EDUCATION TEACHER'S TRAINEES IN WEST BENGAL
108. A CORRELATION BETWEEN LEISURE ACTIVITY AND BODY MASS INDEX IN SCHOOL CHILDREN OF BURDWAN DISTRICT WEST BENGAL: RELATIONSHIP STUDY
109. INDOOR AIR POLLUTION AND SPORTS EFFICIENCY AMONG THE RURAL AND URBAN OF BURDWAN TOWN AND ITS ADJOINING.
110. A COMPARATIVE STUDY ON PSYCHOLOGICAL TRAITS AMONG NCC AND NON NCC SCHOOL STUDENTS AT DISTRICT LEVEL.
111. EFFECT OF PRANAYAMA ON CORONA VIRUS A REVIEW STUDY.
112. A COMPARATIVE STUDY OF BATTING PERFORMANCE BETWEEN INDIAN AND FOREIGN BATSMAN IN INDIAN PREMIER LEAGUE.
113. A REVIEW STUDY ON THE INJURIES OF ELITE FEMALE VOLLEYBALL PLAYERS.
114. VIRTUAL CLASSES DISRUPTING STUDENTS BEHAVIOR : - A REVIEW STUDY
115. A COMMON INJURIES IN KABADDI: A REVIEW ARTICLE
116. COMPARISON OF VO2 MAX BETWEEN COLLEGE STUDENTS AND REGULAR GYM PRACTITIONERS
117. YOGA AS AN ALTERNATIVE AND COMPLEMENTARY APPROACH FOR STRESS MANAGEMENT
118. A RESEARCH UPDATE ON AWARDS IN GAME AND SPORTS IN INDIAN
119. REDUCING PSYCHOLOGICAL DISTRESS AND OBESITY THROUGH YOGA PRACTICE : A REVIEW PAPER
120. INFLUENTIAL EFFECT OF RAMADAN FASTING ON HEALTH FOR WOMEN : A REVIEW PAPER
121. "PERFORMANCE OF INDIAN KABADDI MALE TEAM IN INTERNATIONAL COMPETITIONS: A REVIEW STUDY"
122. A REVIEW COMPARATIVE STUDY ON AGILITY AMONG THE VOLLEYBALL PLAYER AND BASKETBALL PLAYER.
123. A REVIEW STUDY OF COMPARISON MOTOR FITNESS BETWEEN BASKET BALL AND VOLLEY BALL STATE LEVEL PLAYERS
124. THE HEALTH OF YOGA AND EXERCISE: A REVIEW STUDY
125. YOGA IN PARKINSON'S DISEASE: A REVIEW
126. PHYSICAL EDUCATION A HEALTH WAY TO DEVELOP PERSONALITY : A REVIEW STUDY
127. REVIEW OF THE RELATIONSHIP BETWEEN PHYSICAL ACTIVITY AND HAPPINESS
128. A REVIEW ARTICLE ON "A COMPARATIVE STUDY ON SELECTED PHYSICAL AND PHYSIOLOGICAL VARIABLES BETWEEN MIDDLE AND LONG DISTANCE RUNNER
129. "DEVELOPMENT OF HOLISTIC HEALTH WITH REFERENCES TO YOGA AND EXERCISE"
130. MENOPAUSAL EFFECTS ON AGED FEMALE IN URBAN AREA "A REVIEW STUDY"
131. EFFECT OF YOGA ON SPORTS FIELD
132. HATHA YOGA AND EXECUTIVE FUNCTION, A REVIEW STUDY
133. "EFFECT OF SURYANAMASKAR ON CARDIORESPIRATORY FITNESS PARAMETERS"-A REVIEW STUDY
134. INFLUENTIAL EFFECT OF RAMADAN FASTING ON BODY COMPOSITION OF MUSLIM MEN
135. "AN ANALYTICAL STUDY ON HIGH JUMP IN OLYMPIC"
136. "A REVIEW STUDY ON BMI AND MENTAL HEALTH PROBLEM IN YOUNG CHILDREN"
137. A STUDY ON INDIAN SUPER LEAGUE
138. A STUDY ON THE PERFORMANCE OF WOMEN GYMNASTICS IN MODERN OLYMPIC
139. A REVIEW STUDY ON THE INJURIES OF ELITE MALE VOLLEYBALL PLAYERS

140. "A REVIEW STUDY ON QUARANTINE EFFECTS ON CARADIIVASCULAR RISK IN COVID-19 PANDEMIC"
141. COMPERTAIVE ANALYSIS BETWEEN INDIAN INTER NATIONAL & NATIONAL LEVEL BATSMAN FROM IPL 5 TO IPL 8
142. "MENTAL HEALTH AND EXERCISE: A REVIEW PAPER"
143. MENOPOUSAL EFFECTS ON AGED FEMALE IN RURAL AREA "A REVIEW STUDY"
144. "EFFECT OF PRANAYAMA ON PULMONARY FUNCTIONS OF PRE – ADOLESCENT BOYS"
145. "EFFECT OF YOGA AND PRANAYAMA ON SENIOR CITIZEN"
146. "PRO KABADDI PERFORMANCE VERIATION ON INDIAN PLAYER AND FOREIGN PLAYER"
147. "A REVIEW STUDY ON CHILDHOOD OBESITY AND CHRONIC DISEASE"
148. STATUS OF WOMEN SOCCER PLAYERS IN POST INDEPENDENT PERIODIN INDIA
149. A REVIEW STUDY OF ANTHROPOMETRIC MEASUREMENT BETWEEN COLLEGE LEVEL HANDBALL AND FOOTBALL PLAYERS
150. "THE RELATIONSHIP BETWEEN SOCIO ECONOMIC POSITION AND PHYSICAL ACTIVITY"

❖ **PARTICIPATION IN INTERNATIONAL LEVEL SEMINAR:**

TITLE OF THE PAPER	YEAR	STATUS LEVEL	ORGANIZING INSTITUTE	SEMINAR ON		
ENDURANCE TRAINING ON GLYCEMIC CONTROL AND LIPID PROFILE OF TYPE II FEMALE DIABETES. PAPRE PRESENTER- Dr. GOPA SAHA ROY.	19.01.20 12	INTERNATIONAL	BHU FACULTY OF ART, Department Of Physical Edn.	PHY.EDN. RECREATION AND YOGIC SCIENCES.		
EFFECT OF TRAINING ON SOME PHYSIOLOGICAL VARIABLES. PAPRE PRESENTER- Dr. GOPA SAHA ROY.	16.02.20 13	INTERNATIONAL	BHU C.H.C. ATHLETIC ASSOCIATION	RECENT TECHNOLOGICAL ADVANCEMENT OF SPORTS SCIENCE. AYURVEDIC MEDICINE, YOGA, NATUROPATHY, PHY. EDN & SPORTS LAW.		
EFFECT OF EXTENSIVE INTERVAL TRAINING ON LACTATED THRESHOLD LEVEL PAPER PRESENTER- Dr. GOPA SAHA ROY.	07.02.20 14	INTERNATIONAL	VISVA BHARATI	TRADITIONAL SPORTS AND GAMES.		
RELATIONSHIP BETWEEN VO ₂ MAX WITH BLOOD GLUCOSE AND LIPID PROFILE OF MIDDLE AGED BENGALI FEMALE NIDDM. PAPER PRESENTER- DR. GOPA SAHA ROY.	08.01.20 15 PAGE NO. 233 TO 236 ISBN-NO. 978-81- 89463- 96-0	INTERNATIONAL	JAIPUR	GLOBAL EXCELLENCY IN FITNESS AND SPORTS SCIENCE.		
STUDY OF SELECTED ANTHROPOLOGICAL, PHYSIOLOGICAL & MOTOR FITNESS VARIABLE AMONG CATEGORY PHYSICALLY CHALLENGED STUDENT. PAPER PRESENTER- Dr. GOPA SAHA ROY.	15-17 TH JULY, 2015 PAGE NO. 201 TO 207 ISBN-NO. 978-81- 930250- 3-1	INTERNATIONAL	BHU	YOGA, MEDICINE AND SPORTS SCIENCE.		
COMPETITION ANXIETY AND SPORTS PERFORMANCE AMONG NATIONAL LEVEL BASKETBALL PLAYERS, A RELATIONSHIP STUDY. PAPER PRESENTER-	27-11-15 TO 01- 12-15	INTERNATIONAL	BHU	CHANGING TRENDS AND CHALLENGES IN THE 21 ST CENTURY.		

Dr. GOPA SAHA ROY.						
A COMPARATIVE STUDY SELECTED ANTHROPOMETRICAL AND PHYSIOLOGICAL VARIABLE OF STATE LEVEL WOMEN BASKETBALL AND FOOTBALL PLAYERS. PAPER PRESENTER- Dr. GOPA SAHA ROY.	15-07-15 TO 17-07- 15, PAGE NO. 195 TO 200	INTERNATIONAL	PUNJAB	YOGA, MEDICINE & SPORTS SCIENCE		
INFLUENCE OF INTENSIVE INTERVAL TRAINING ON AEROBIC THRESHOLD LEVEL PAPER PRESENTER- Dr. GOPA SAHA ROY.	07-12- 2016 TO 08-12- 2016	INTERNATIONAL	JESSORE, BANGALADESH	NEW FRONTIERS OF RESEARCH IN PHYSICAL EDUCATION AND SPORTS SCIENCE.		
A COMPARATIVE STUDY OF COMPETITION ANXIETY OF BASKETBALL PLAYERS BETWEEN TWO DIFFERENT POSITIONS. PAPER PRESENTER- Dr. GOPA SAHA ROY.	2016	INTERNATIONAL	Dept. of Phy.Edn. Punjabi University Patiala,Punjab (INDIA)	Global conference on scientific culture in Phy.Edn and sport.		
INFLUENCE OF MOTOR FITNESS AND ANTHROPOMETRIC MEASUREMENTS ON SPEED PERFORMANCE. PAPER PRESENTER- Dr. GOPA SAHA ROY.	09-12- 2017	INTERNATIONAL	SEVA BHAROTI MAHAVIDYALAY A KAPGARI,JHARG RAM,W.B ,INDIA	GLOBAL EDUCATION PHYSICAL EDUCATION AND SPORTS, RESEARCH AND TECHNOLOGY FOR SUSTAINABLE DEVELOPMENT.		
THE CONTRIBUTION OF PRINT MEDIA COVERAGE ON THE BASIS OF GENDER AND DIFFERENT EVENTS IN RIO OLYMPIC 2016. PAPER PRESENTER- DR. GOPA SAHA ROY.	10 - 11.12.17	INTERNATIONAL	MAHISADAL GIRLS COLLEGE , DEPT.OF Physical Education Purba Medinipur.	GLOBAL INNOVATION AND RESEARCH IN EDUCATION ,SPORTS SCIENCES AND YOGA,IQAC SPONSORED INTERNATIONAL SEMINAR ON "MULTIDIMENSIONAL APPROACH IN TEACHER EDUCATION"		
THE CONTRIBUTION OF PRINT MEDIA ON THE BASIS OF GENDER AND EVENTS IN RIO OLYMPIC 2016. PAPER PRESENTER- Dr. GOPA SAHA ROY.	10.2018	INTERNATIONAL	BERHAMPORE, U.C.T.C.	MULTI DIMENSIONAL APPROACH IN TEACHER EDUCATION		
A COMPARATIVE STUDY OF CARDIO VASCULAR FITNESS AMONG YOUNG ATHLETES OF BURDWAN UNIVERSITY LEVEL PAPER PRESENTER- Dr. GOPA SAHA ROY.	2019	INTERNATIONAL	IQAC AND Dept. of Physical Education SREE CHAITANYA MAHAVIDYALAY A HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF PHYSICAL EDUCATION ,BANIPUR	TRENDS AND ISSUES DEVELOPED IN PHYSICAL EDUCATION AND SPORTS SCIENCES		

LUNG FUNCTION TEST BETWEEN ACTIVE AND SEDENTARY ANY MEN STUDENT: A COMPARATION STUDY. PAPRE PRESENTER- Dr. GOPA SAHA ROY.	2020	INTERNATIONAL	S.I.P.E.W, Hastings House, Kolkata, INDIA AND IN COLLABORATION WITH WBCIPE	INTERNATIONAL CONFERANCE ON PHYSICAL EDUCATION, YOGA AND SPORTS SCIENCES IN 2020'S ERA.		
A STUDY ON RELATIONSHIP BETWEEN SELECTED MOTOR FITNESS COMPONENTS AND BASKETBALL PLAYING ABILITY. PAPER PRESENTER- Dr. GOPA SAHA ROY.	2020 29 TH FEB. 1 ST MARCH.	INTERNATIONAL	PHY. EDN. FOUNDATION OF INDIA (PEFI) AND MAHISHADAL SWIMMING CLUB IN COLLABORATION WITH NATIONAL ANTI SEIENCES DOPING AGENCY (NADA) AND PANSCURA BANAMALI COLLEGE.	SPORTS NUTRITION AND AWARENESS OF DOPING IN CONNECTION WITH SPORTS SCIENCES PHY. EDN. AND YOGA SCIENCES.		
PERTICIPATION	25-26.07. 2020	INTERNATIONAL	Dept. of Phy.Edn Chandarapur College	Trends of Development of Phy.Edn and Education in 21th century.		
PERTICIPATION	30-31.07. 2020	INTERNATIONAL	IQAC , NIKHIL BANGA SIKHAN MAHAVIDYALYA	Education, Health and Wellbeing in COVID-19; A Pandemic Challenge		
PERTICIPATION	21.08.2020	INTERNATIONAL	Govt. Degree College Darhal (Royouri), Jammu & Kashmir	United Nations Sustainable Development Goals and COVID-19		
Effect Of Step-up, Dands And Baithaks And Rope Skipping Exercise On Selected Physical Fitness Variables Among Post Graduate Phy.Edn Students PAPER PRESENTER- Dr. GOPA SAHA ROY.	25-26.07. 2020	INTERNATIONAL	DEPARTMENT OF PHYSICAL EDUCATION ,CHANDRAPUR COLLEGE PURBA BARDHAMAN, WEST BENGAL,INDIA	TRENDS OF DEVELOPMENT OF PHYSICAL EDUCATION AND 21st CENTURE		
PERTICIPATION	05.09.2020	INTERNATIONAL	Union Christian Training College, Berhampore, Murshidabad	Importance of Traditional Yogic Praticite in the New National Situation		
PERTICIPATION	22.10.2020	INTERNATIONAL	Dept. of Phy.Edn. & IQAC Rani Dhanya Kumari College, Jiaganj, Murshidabad	Impact of Yoga on Immunity and Health		

PERTICIPATION	21.11.2020	INTERNATIONAL	Sports Engineering Association(SEA) INDIA	Sports Engineering		
PERTICIPATION	08. 01.2021	INTERNATIONAL	Mugberia Gangadhar Mahavidyalay, Bhupatinagar, Purbamedinipur West Bengal,India	Role of Physical Education to Provide Psychosocial Support for Management of Post Pandemic Crisis in Teaching Learning Process		
PERTICIPATION	09,10 & 12nd March ,2021	INTERNATIONAL	Indira Gandhi Institute of Physical Education & Sports Science, D.U, Department of Physical And Sports Sciences D.U, Sports Psychology Association of India,(SPAI)	SPORTS PSYCHOLOGY SERVING ATHLETES AND COACHES		
PERTICIPATION	25th March ,2021	INTERNATIONAL	Union Christian Training College, In Collaboration with International Association of Physical Education and Sports (IAPES) and Physical Education Foundation of India(PEFI),W.B Chapter National Sports Promotion Origination Recognized Ministry of Youth Affairs and Sports	Doping in Sports		
PERTICIPATION	16 th April 2021	INTERNATIONAL	Sports Authority of India Lakshmibai National College of Physical in Education Collaboration with PEFI, Svyasa Deement University (Bangalore)Bihar school of Yoga (Munger) and fitness 365.	Sports Science, Physical Fitness and Yoga During Covid-19 Pandemic		

PERTICIPATION	12 th May 2021	INTERNATIONAL	Sports Authority of India Lakshmibai National College of Physical in Education Collaboration with PEFI, Svyasa Deement University (Bangalore) Bihar school of Yoga (Munger)	Roll of Yoga in Enhancing Immunity During Covid-19 Pandemic		
PERTICIPATION	12 th June 2021	INTERNATIONAL	International Association of Physical Education and Sports	Sports Nutrition		
PERTICIPATION	19 th June 2021	INTERNATIONAL	IAOPES Collaboration with Phy.Edn Foundation of India	"Different Dimensions of Physical Education"		
PERTICIPATION	15 th to 21 st June 2021	INTERNATIONAL	Yoga Organized by Department of Physical Education & University Sports Committee Central University of South Bihar, Gaya	"Celebration on International Day of Yoga-2021"		
PERTICIPATION	23 th June 2021	INTERNATIONAL	Phy. Edn. Foundation of India (PEFI) National Sports Promotion organisation and under the aegis of Youth affairs and Sports Govt. Of India.	"Celebration Of International Olympic Day 2021 Webinar On Olympism"		
Participation	1 st July 2021	International	Department of Physical Education, Panchmura Mahavidyalaya, Bankura University, West Bengal.	"Latest Innovations in Sports Sciences & Menace of Covid-19"		

Participation	10 th July 2021	International	YMCA College of Physical Education, Chennai, Tamil Nadu, A Project of the National Council of YMCAs of India (Autonomous)	“ Challenges And Strategies: A Mark To Win Tokyo Olympics-2020 ”		
Participation	06-07.08.2021	International	Sadar patel Mahavidyalay, Chandrapur, Dept. of Phy. Edn & Sports, Gondwana University, Gadchiroli, SAI-LNCPE, Trivendrum, Kerala& PEFI, New Delhi	“Holistic Approach of Heath Science Research, Sports Science and Yoga During 1 st Century”		

❖ **PARTICIPATION IN NATIONAL LEVEL SEMINAR:**

TITLE OF THE PAPER	YEAR	STATUS LEVEL	ORGANIZING INSTITUTE	SEMINAR ON		
EFFECT OF AEROBIC TRAINING ON GLYCEMIC CONTROL AND LIPID PROFILE OF ACTIVE FEMALE NIDDM. PAPER PRESENTER- Dr. GOPA SAHA ROY.	13.09.2008	NATIONAL	BERHAMPORE, U.C.T.C.	NATIONAL SEMINAR ON MODERN TRENDS OF ENVIRONMENTA, EDUCATION, SOCIAL CARE AND WELL BEING 21 ST CENTURY.		
EFFECT OF AEROBIC TRAINING ON GLUCOSE REGULATION AND LIPID PROFILE OF MODERATELY ACTIVE NIDDM FEMALE PAPER PRESENTER- Dr. GOPA SAHA ROY	23.08.2009	NATIONAL	MUGBERIA, PURBA MEDINIPUR	NATIONAL SEMINAR ON PHY. EDN. FOR QUALITY OF LIFE.		
EFFECT OF AEROBIC TRAINING PROGRAMME ON SELECTED PHYSIOLOGICAL VARIABLES AMONG ACTIVE AND MODERATELY ACTIVE NIDDM FEMALE. PAPER PRESENTER- Dr. GOPA SAHA ROY.	29.01.2010	NATIONAL	VISWA-BHARATI (SANTINEKETAN)	NATIONAL CONFERENCE ON TRENDS AND PRACTICE IN PHY. EDN.		
A STUDY ON RELATIONSHIP OF B.M.I., MENARCHAL AGE AND SOCIO ECONOMIC STATUS WITH DYSMENARRHEAL EFFECT. PAPER PRESENTER- DR. GOPA SAHA ROY.	25.11.2010	NATIONAL	KALYANI	NATIONAL SEMINAR ON MODERN TRENDS IN PHY. EDN. AND SPORTS SCIENCE.		
IMPORTANCE ON PHYSICAL	20.03.2010	NATIONAL	PGGIPE, BANIPUR	NATIONAL SEMINAR ON		

FITNESS FOR MAINTAINING HEALTH, STRESS MANAGEMENT AND QUALITY OF LIFE. PAPER PRESENTER- DR. GOPA SAHA ROY.				NEW CHALLENGES FOR PHY. EDN. AND SPORT SCIENCE.		
EFFECT OF ENDURANCE TRAINING ON NON-INSULIN DEPENDENT DIABETES MELLITUS (NIDDM) MALE SUBJECTS PAPER PRESENTER- DR. GOPA SAHA ROY.	2011	NATIONAL	KALYANI	EFFECT OF ENDURANCE TRAINING ON NON-INSULIN DEPENDENT DIABETES MELLITUS (NIDDM) MALE SUBJECTS.		
EFFECT OF CIRCUIT RESISTANCE TRAINING ON PHYSIOLOGICAL VARIABLE OF MALE NON-INSULIN DEPENDENT DIABETES MELLITUS (NIDDM). PAPER PRESENTER- DR. GOPA SAHA ROY.	2011	NATIONAL	BERHAMPORE, U.C.T.C.	EFFECT OF CIRCUIT RESISTANCE TRAINING ON PHYSIOLOGICAL VARIABLE OF MALE NON-INSULIN DEPENDENT DIABETES MELLITUS (NIDDM).		
DEPENDENCE OF PERFORMANCE OF SOME PSYCHOLOGICAL VARIABLE. PAPER PRESENTER- Dr. GOPA SAHA ROY.	30.08.2011	NATIONAL	MUGBERIA P. MEDINIPUR.	NATIONAL SEMINAR ON PHY. EDN. FITNESS, HEALTH AND WELL BEING.		
PARTICIPATION	21.01.2012	NATIONAL		NATIONAL SEMINAR ON HIGHER EDUCATION IN INDIA-REFORMS AND REALITY.		
EFFECT OF YOGASAN ON WHR, BMI, BP AND RHR OF TYPE-II DIABETES WOMEN. PAPER PRESENTER- Dr. GOPA SAHA ROY.	20.11.2013	NATIONAL	BERHAMPORE, U.C.T.C.	NATIONAL SEMINAR ON SUSTAINABLE DEVELOPMENT OF PHY. EDN. FOR HEALTH ACTIVE LIFE STYLE AND WELL BEING IN 21 ST CENTURY.		
A COMPARATIVE STUDY OF SELECTED PHYSIOLOGICAL VARIABLE AND HEALTH RELATED FITNESS COMPONENT BETWEEN PHY. EDN. TEACHERS AND OTHER SUBJECT TEACHERS. PAPER PRESENTER- Dr. GOPA SAHA ROY.	10.05.2013	NATIONAL	KHEJURI COLLEGE, P. MEDINIPORE.	NATIONAL SEMINAR ON SOCIO ECONOMIC AND SOCIAL CULTURAL PERSPECTIVE OF PHY. EDN.		
PERTICIPATION	03.09.16	NATIONAL	NETAJI SUBHAS OPEN UNIVERSITY, HEAD QUARTER, KOLKATA	TEACHER EDUCATION VISIT AS NEW CHALLENGES.		
A COMPARATIVE STUDY ON STRESS LEVEL BETWEEN M.P.ED AND M.ED STUDENT OF BURDWAN UNIVERSITY LEVEL. PAPER PRESENTER KABIR BISWAS & Dr. GOPA SAHA	21.09.2016 TO 22.09.2016	NATIONAL	THE UNIVERSITY OF BURDWAN	NEW HORIZON OF PHYSICAL EDUCATION AND EXERCISE SCIENCES.		

ROY.						
THE COMPARATIVE STUDY OF PSYCHOLOGICAL HARDINESS OF MALE UNIVERSITY LEVEL BASKETBALL AND FOOTBALL PLAYER. PAPER PRESENTER –Mr. SUMAN DARIPA & Dr. GOPA SAHA ROY.	21.09.2016 TO 22.09.2016	NATIONAL	THE UNIVERSITY OF BURDWAN	NEW HORIZON OF PHYSICAL EDUCATION AND EXERCISE SCIENCES.		
DRAMATIC ROLE PLAYER STRESS AND MANAGEMENT PAPER PRESENTER-Dr.GOPA SAHA ROY& Mr. SADHAN KUNDU.	21.09.2016 TO 22.09.2016	NATIONAL	THE UNIVERSITY OF BURDWAN	NEW HORIZON OF PHYSICAL EDUCATION AND EXERCISE SCIENCES.		
RELATIONSHIP OF VERTICAL AND HORIZONTAL JUMP AS AN INDICATOR OF SPEED PERFORMANCE. PAPER PRESENTER-Dr. GOPA SAHA ROY& Mr. DEBASISH SINGH SARDAR	21.09.2016 TO 22.09.2016	NATIONAL	THE UNIVERSITY OF BURDWAN	NEW HORIZON OF PHYSICAL EDUCATION AND EXERCISE SCIENCES.		
ON SOCIO ECONOMIC STATUS AND HEALTH BETWEEN PHYSICAL EDUCATION STUDENTS AND GENERAL STUDENTS OF BURDWAN UNIVERSITY. PAPER PRESENTER-Dr. GOPA SAHA ROY & MISS PAPIYA KONER	21.09.2016 TO 22.09.2016	NATIONAL	THE UNIVERSITY OF BURDWAN	NEW HORIZON OF PHYSICAL EDUCATION AND EXERCISE SCIENCES.		
COMPARATIVE STUDY OF PLAYER AND NON-PLAYER STUDENTS IN RELATION TO MENTAL HEALTH. PAPER PRESENTER-Dr.GOPA SAHA ROY& Mr. PRIYOTOSH MONDAL	21.09.2016 TO 22.09.2016	NATIONAL	THE UNIVERSITY OF BURDWAN	NEW HORIZON OF PHYSICAL EDUCATION AND EXERCISE SCIENCES.		
POSTURAL DEFORMITIES AND HEALTH HAZARDS STATUS AMONG SENIOR CITIZENS OF LOCAL AREA OF BURDWAN. PAPER PRESENTER-Dr. GOPA SAHA ROY & Md. SALIM MONDOL	21.09.2016 TO 22.09.2016	NATIONAL	THE UNIVERSITY OF BURDWAN	NEW HORIZON OF PHYSICAL EDUCATION AND EXERCISE SCIENCES.		
YOGA AND PHYSICAL EXERCISE FOR QUALITY OF LIFE. PAPER PRESENTER-Dr. GOPA SAHA ROY & UJJAL BAG.	21.09.2016 TO 22.09.2016	NATIONAL	THE UNIVERSITY OF BURDWAN	NEW HORIZON OF PHYSICAL EDUCATION AND EXERCISE SCIENCES.		
PARTICIPATION	24.03.2017	NATIONAL	DEPT.OF EDN. B.U	NATIONAL SEMINAR ON “RECENT TRENDS IN HIGHER EDUCATION”		
PARTICIPATION	01.05.2021	NATIONAL	IQAC and Deptt. Of Phy. Edn. Chandrakona	ROLL OF YOGA AND EXERCISE IN COMBATING		

			Vidyasagar Mahavidyalaya V.U in Collaboration of Kandra Rdha Kanta Mahavidyalaya B.U	THE SECOND WAVE OF COVID-19		
PARTICIPATION	19.06.2021	NATIONAL	IAOPES Collaboration with Physical Education Foundation of India	DIMENSIONS OF PHYSICAL FITNESS		

❖ PARTICIPATION IN STATE LEVEL SEMINAR:

TITLE OF THE PAPER	YEAR	STATUS LEVEL	ORGANIZING INSTITUTE	SEMINAR ON		
YOGAI PRACTICE AND ITS MANAGEMENT PAPER PRESENTER- Dr. GOPA SAHA ROY.	24.09.2007	STATE	PGGIP, BANIPUR	SEMINAR ON PHY. EDU. AND SPORTS SCIENCE.		
ORGANISING MEMBER	15.11.2007	STATE	SIPEW	SEMINAR ON STATE LEVEL REFRESHER COURSE FOR PHY. EDU. PERSONNEL WORKING IN DEGREE COLLEGE IN WEST BENGAL.		
EFFECT OF SIX MONTH AEROBIC TRAINING ON SELECTED PHYSIOLOGICAL VARIABLES OF ACTIVE FEMALE NIDDM SUBJECT PAPER PRESENTER- Dr. GOPA SAHA ROY,	12.01.2008	STATE	JADAVPUR UNIVERSITY	SEMINAR ON ROLL OF SPORTS MEDICINE ON SPORTS PERFORMANCE AND FITNESS.		
ORGANIZING MEMBER	29.04.2008-30.04.2008	STATE	SIPEW	SEMINAR ON A AWARENESS IN HEALTH AND FITNESS AT EDUCATIONAL INSTITUTIONS.		
WOMEN'S IN SPORTS PAPER PRESENTER- Dr. GOPA SAHA ROY.	16.04.2010	STATE	SIPEW	SEMINAR ON STATE LEVEL WORKSHOP OF RECENT TRENDS OF PHY. EDN. ON SPORTS.		
THE DRAMATIC ROLE PLAYER STRESS PAPER PRESENTER- Dr. GOPA SAHA ROY.	22.01.2011	STATE	SIPEW	SEMINAR ON STRESS MANAGEMENT IN MODERN LIFE.		
As a organising member	20.03.2014	STATE	SAI	INTER COLLEGE STATE SPORTS & GAME CHAMPIONSHIP		
As a organising member	02.03.2015	STATE	SAI	INTER COLLEGE STATE SPORTS & GAME CHAMPIONSHIP		

EFFECT OF SIX MONTH AEROBIC TRAINING ON SELECTED PHYSIOLOGICAL VARIABLES OF ACTIVE	17.01.2018	STATE	GCPEW, HOOGHLY	IN CONNECTION WITH 155 TH BIRTH ANNIVERSARY OF SWAMI VIVEKNANDA.		
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❖ PARTICIPATION IN DIFFERENT WORKSHOP:

TITLE OF THE PAPER	YEAR	STATUS LEVEL	ORGANIZIN INSTITUTE	SEMINAR ON		
ORGANISING MEMBER	26.01.2008	WORKSHOP	SIPEW	WORKSHOP ON THALASSEMIA AND PREVENTION FEDERATION.		
PARTICIPATION	17.01.2009	WORKSHOP	GCPEW, HOOGHLY	WORKSHOPS ON INVITATIONAL INTER PHY. EDN. COLLEGE QUIZE CONTEST - 2009.		
PARTICIPATION	20.03.2009	WORKSHOP	GCPEW, HOOGHLY	WORKSHOP ON IMPLEMENTATION OF PHY. EDU. PROGRAMME IN SECONDARY SCHOOL OF WEST BENGAL.		
PARTICIPATION	20.03.2009	WORKSHOP	GCPEW, HOOGHLY	WORKSHOP ON PROCESS OF EVALUATION IN B.P.ED, M.P.ED. AND FIRST DEGREE UNDER GRADUATE LEVEL.		
ORGANISING MEMBER	16.04.2010	WORKSHOP	SIPEW	WORKSHOP ON RECENT TRENDS OF PHY. EDN.		
PARTICIPATION	22.12.2011	WORKSHOP	JADAVPUR UNIVERSITY.	WORKSHOP ON UPDATING SYLLABUS OF BACHELOR OF PHY. EDN. (B.P.ED.) AND ELECTIVE SUBJECT (PHY. EDN.) AT THE UNDER GRADUATE LEVEL AT THE COLLEGE.		
PARTICIPATION	12.02.2012	WORKSHOP	SIPEW	WORKSHOP ON 150 TH BIRTHDAY OF SWAMI VIVEKANANDA.		
PARTICIPATION	09.01.2013	WORKSHOP	SIPEW	WORKSHOP ON 150 TH BIRTHDAY OF SWAMI VIVEKANANDA.		
PARTICIPATION	04.03.2015	WORKSHOP	SAI	WORKSHOP ON ANTI-DOPING AWARENESS.		
PARTICIPATION	11.11.2016 TO 13.11.2016	WORKSHOP	NSOU HEAD QUATER	IN SERVICE TRAINING AND SENSITIZATION OF KEY FUNCTIONARIES OF CENTRAL AND STATE GOVERNMENTS LOCAL BODIES AND OTHER SERVICE PROVIDERS.		
PARTICIPATION	20.09.2017 TO 21.09.2017	WORKSHOP	INDUSTRY INSTITUTE PARTNERSHIP CELL(IIPC)THE UNIVERSITY OF BURDWAN	EXCELLENCE INFINITUM 2017.		
PARTICIPATION	09.07.2018	WORKSHOP	ONE DAY WORKSHOP ON DIGITAL INITIATIVES FOR HIGHER EDUCATION UNDER SWAVAM	DIGITAL LEARNING MONITORING CELL,THE UNIVERSITY OF BURDWAN		

PARTICIPATION	16.01.2018	WORKSHOP IN CONNECTION WITH 155 TH BIRTH	GCPEW, HOOGHLY UNDER THE UNIVERSITY OF BURDWAN,W.B		
Participation	3 rd & 4 th July 2021	Workshop	Soham Institute of Yoga & Physio, Kolkata	“Fundamentals of Naturopathy Workshop”	

❖ **PUBLICATIONS:**

TITLE WITH PAGE NUMBERS	YEAR	JOURNAL NAME	ISBN/ISSN CATEGORIZATION, REFEREED/(FOR NON-KALA/SANGIT IN CATEGORY 1&2 LISTS APPEND)	IMPACT FACTOR/ PROCEEDING S NAME & author name		
EFFECT OF INTENSIVE AND EXTENSIVE INTERVAL TRAINING ON SOME PHYSIOLOGICAL VARIABLE. PAGE 1-2	2010	ASIAN JOURNAL OF PHY. EDN. COMPUTER SCIENCE IN SPORTS.	VOLUME-8, 0975-7732	0.5190 Dr. GOPA SAHA ROY & Dr. Asish Paul		
DEPENDENCE OF PERFORMANCE OF SOME PSYCHOLOGICAL FACTOR	MAY-JUNE, 2012	MULTILATERAL RESEARCH JOURNAL, VARANASI	097523966 AMASS, VOL-4, NO.1.	Dr. GOPA SAHA ROY & Dr. Asish Paul		
EFFECT OF SOME PSYCHOLOGICAL FACTORS ON PERFORMANCE. PAGE NO. 169-172.	2012	INTERNATIONAL JOURNAL OF HEALTH, PHY. EDN. AND COMPUTER SCIENCE IN SPORTS	2231-3265	Dr. GOPA SAHA ROY & Dr. Asish Paul		
COMPARATIVE STUDY OF PRINT MEDIA COVERAGE OF A FOOTBALL MATCH IN DIFFERENT NEWS PAPER. PAGE NO. 139-141.	2013	INTERNATIONAL JOURNAL OF HEALTH, PHY. EDN. AND COMPUTER SCIENCE IN SPORTS	VOLUME-I, NO.1, JOURNAL IMPACT FACTOR 0.624.	Dr. GOPA SAHA ROY , Dr. Asish Paul, Dr.Atindra nath De, Antara Mukhrjee		
EFFECT OF EXTENSIVE INTERVAL TRAINING ON LACTATE THRESHOLD LEVEL. PAGE NO. 6-9, VOL.-2, NO.-5A	2014	AMERICAN JOURNAL OF PHY. EDN, COMPUTER SCIENCE AND MEDICINE	ONLINE.	Dr. GOPA SAHA ROY & Dr. Asish Paul		

THE CHANGING IMAGE OF WOMEN IN SPORTS, PAGE NO. 90-95, ISSUE-02, VOL-04.	2015	INTERNATIONAL JOURNAL OF BEHAVIORAL SOCIAL AND MOVEMENT SCIENCES.	2277-7547	1.806, DR.PINTU SIL & DR.GOPA SAHA ROY		
COMPARATIVE STUDY OF PRINT MEDIA COVERAGE OF INDIAN ATHLETES IN LONDON OLYMPIC, 2(1):10-17.	2015	JOURNAL OF SPORTS RESEARCH	ISBN NO. 2413-8436	Dr. GOPA SAHA ROY & Dr. Asish Paul		
DEVELOPMENT THROUGH SPORTS AND CHILD EDUCATION IN INDIAN CONTEXT, 2(1) : 77-79,	2015	INTERNATIONAL JOURNAL OF PHYSICAL EDUCATION SPORTS AND HEALTH.	ISBN NO. 1394-1685, 2394-1693	Dr. GOPA SAHA ROY & Dr. Asish Paul		
EFFECT OF SIX MONTHS AEROBIC TRAINING ON SELECTED PHYSIOLOGICAL VARIABLES OF MODERATELY ACTIVE FEMALE NIDDM	2015	INTERNATIONAL JOURNAL OF MOVEMENT EDUCATION AND SOCIAL SCIENCE.	2278-0793 2321-3739	Dr. GOPA SAHA ROY, Dr. Sandip sankar Ghosh		
RELATIONSHIP BETWEEN VO2 MAX WITH BLOOD GLUCOSE AND LIPID PROFILE OF MIDDLE AGED BENGALI FEMALE NIDDM.	2015	Global Excellence in fitness and sports science	978-8139463-96-0	Dr. GOPA SAHA ROY, Dr. Sandip sankar Ghosh		
AN ANALYSIS SOCIAL ADJUSTMENT AMONG OLD AGE PEOPLE OF BENGAL	2016	INTERNATIONAL JOURNAL OF PHYSICAL EDUCATION SPORTS AND HEALTH,2016, 3(2) 145-147	INTERNATIONAL JOURNAL OF BEHAVIORAL SOCIAL & MOVEMENT SCIENCES ISSN:2277-7547 VOL-04,APRIL2015,ISSUE-02	DR.PINTU SIL & DR.GOPA SAHA ROY (ATHOURS)		
A COMPARATIVE STUDY ON PRINT MEDIA COVERAGE OF FOOTBALL FEVER AND CRICKET MANIA IN DIFFERENT NEWS PAPER.	2017	INTERNATIONAL JOURNAL OF RESEARCH IN ECONOMICS AND SOCIAL SCIENCES.(IJRESS)	978-81-9 30250-3-1	YOGA, MEDICINE AND SPORTS SCIENCE, Dr. GOPA SAHA ROY		
THE CONTRIBUTION OF PRINT MEDIA COVERAGE ON THE BASIS OF GENDER AND EVENTS IN RIO OLYMPIC 2016.	DEPT. OF PHY. EDN MAHISAD AL GIRLS COLLEDE, 10 Th -11 Th DEC.	GLOBAL INNOVATION AND RESEARCH IN EDUCATION, SPORTS SCIENCE AND YOGA.	978-81-9 30250-3-1	DR.GOPA SAHA ROY		

A STUDY ON RELATIONSHIP BETWEEN VITAL CAPACITY AND SELECTED PHYSIOLOGICAL VARIABLES OF UNIVERSITY LEVEL MALE AND FEMALE STUDENTS	2018 VO 18 ISSUE 10	INTERNATIONAL JOURNAL OF RESEARCH IN ECONOMICS AND SOCIAL SCIENCE	ISSN: 2249-7382 IMPACT FACTOR -6.939	NAYAN JANA , DR.GOPA SAHA ROY, ASISH PAUL		
COPARATIVE STUDY OF PRINT MEDIA COVERAGE OF YOUTH WORLD FOOTBALL MADNESS VS CRICKET CRAZINESS	2019 4(1):1610-1616	INTERNATIONAL JOURNAL OF PHYSIOLOGY NUTRITION AND PHY.EDN.	ISSBN:2436-0057 IMPACT FACTOR –RJII-5.48	PRIYOTOSH MONDAL & DR.GOPA SAHA ROY		
A STUDY ON THE SELECTED POLYCYSTIC OVARY SYNDROME SYMPTOMS OF THE BENGALI FEMALE ATHLETES	July,2020	Muktshabd journal	ISS NO 234-3150 WEB:www.shabdbooks.com email:shbmitmsj@gmail.com volume – IX ISSUE -VII	Miss. Shipra Dey , Dr. GOPA SAHA ROY Dr. Asish Paul		
A STUDEY ON THE SELECTED MENSTRUAL CHARACTERISTICS OF THE COLLEGE GIRL	11.11.2020	International Journal Of Current Research (IJCR)	ISSN:(0975-833X) VOLUME 12,ISSUE	Miss. Shipra Dey , Dr. GOPA SAHA ROY & Dr.Asish Paul		
LOOKING UPON WOMEN GYMNASTICS PERFORMANCE IN MORDERN OLYMPIC : A REVIEW STUDY	2 nd ,3 rd and 4 th Sept 2021	Kalyan Bharati	ISSN :0976-0822 Vol:36, No:(IX),2021 Page No:115-127	Dr. GOPA SAHA ROY & PEU DEY		

" YOGA PRACTICE IS AN INFLUENTIAL FACTOR FOR REDUCING PSYCHOLOGICAL DISTRESS AND OBESITY: A REVIEW PAPER"	2 nd , 3 rd and 4 th Sept 2021	Kalyan Bharati	ISSN :0976-0822 Vol:36, No:(IX),2021 Page No: 93-101	Dr. GOPA SAHA ROY & Mr. Mitan Kr Roy		
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❖ PUBLICATIONS IN PROCEEDING :

TITLE WITH PAGE NUMBERS	YEAR	JOURNAL NAME	ISBN/ISSN CATEGORIZATION, REFEREED/(FOR NON- KALA/SANGIT IN CATEGORY 1&2 LISTS APPEND)	IMPACT FACTOR/ PROCEEDINGS NAME & author name		
A COMPARATIVE STUDY ON PERSONALITY AND PSYCHOLOGICAL STRESS BETWEEN ATHLETES AND NON ATHLETES FEMALE STUDENTS, PAGE NO. 422-426	2015	JOYPUR (SEMINER PROCEEDING)	978-81-9 30250-3-1	YOGA, MEDICINE AND SPORTS SCIENCE, Mabika, DR.PINTU SIL & DR.GOPA SAHA ROY		
A STUDY ON JOB SATISFACTION OF PHYSICAL EDUCATION TEACHER OF SECONDARY SCHOOL IN WEST BENGAL	2015	JOYPUR (SEMINER PROCEEDING)	978-81-9 30250-3-1	YOGA, MEDICINE AND SPORTS SCIENCE, Dr. GOPA SAHA ROY, Dr. Sandip sankar Ghosh		
A COMPARATIVE STUDY ON PSYCHOLOGICAL HARDINESS AND COPING STRATEGIES OF MALE AND FEMALE STATE LEVEL KHO KHO PLAYERS.	2015	JOYPUR (SEMINER PROCEEDING)	978-81-9 30250-3-1	YOGA, MEDICINE AND SPORTS SCIENCE, Susmita, DR.PINTU SIL & DR.GOPA SAHA ROY		
A STUDY ON RELATIONSHIP BETWEEN GENERAL INTELLIGENCE AND CREATIVITY OF PROFESSIONAL TEACHER'S TRAINEE.	2015	JOYPUR (SEMINER PROCEEDING)	978-81-9 30250-3-1	YOGA, MEDICINE AND SPORTS SCIENCE, Farha Khatun, DR.PINTU SIL & DR.GOPA SAHA ROY		
ANALYTICAL STUDY OF LIFESTYLE ACTIVITIES UNSKILLED WOMEN IN PASCHIM MEDINIPUR DISTRICT	9-10 Th MARCH, 2016.	IQAC SPONSORD INTERNATIONAL SEMINER ON MULTI DIMENTIONAL APPROACH IN TEACHER EDUCATION. (Proceeding publication)	978-81-9 30250-3-1	YOGA, MEDICINE AND SPORTS SCIENCE, DR.GOPA SAHA ROY, Nishikanta		

A STUDY ON ANXIETY BETWEEN UNIVERSITY LEVEL ATHLETES AND NON ATHLETES.	9 TH DEC,2017 KAPGARI, JHARGRM, WEST BENGAL, INDIA	INTERNATIONAL CONFERENCE ON GLOBAL EDUCATION, PHY.EDN ANDSPORTS, RESEARCH AND TECHNOLOGY FOR SUSTAINABLE DEVELOPMENT. (PROCEEDINGS PUBLICATION)	978-81-9 30250-3-1	YOGA, MEDICINE AND SPORTS SCIENCE. Mr. KABIR BISWAS & Dr. GOPA SAHA ROY.		
COMPARATIVE STUDY OF SPEED, AGILITY AND EXPLOSIVE STRENGTH BETWEEN UNIVERSITY LEVEL TRIBAL AND SCHEDULE CASTE FOOTBALL PLAYERS.	9 TH DEC,2017 KAPGARI, JHARGRM, WEST BENGAL, INDIA	INTERNATIONAL CONFERENCE ON GLOBAL EDUCATION, PHY.EDN AND SPORTS, RESEARCH AND TECHNOLOGY FOR SUSTAINABLE DEVELOPMENT (PROCEEDINGS)	978-81-9 30250-3-1	YOGA, MEDICINE AND SPORTS SCIENCE, Dr. GOPA SAHA ROY		
DIFFERENTIAL STUDY OF THE COMPANION OF SPORTS IMAGERY OF UNIVERSITY LEVEL SPORTS MAN OF SPECIFIC DISCIPLINE.	9 TH DEC,2017 KAPGARI, JHARGRM, WEST BENGAL, INDIA	INTERNATIONAL CONFERENCE ON GLOBAL EDUCATION, PHY.EDN AND SPORTS, RESEARCH AND TECHNOLOGY FOR SUSTAINABLE DEVELOPMENT (PROCEEDINGS)	978-81-9 30250-3-1	Dr. GOPA SAHA ROY & Mr. PRIYOTOSH MONDAL		
A STUDY OF INTERDEPENDENCE BETWEEN SELECTED BODY COMPOSITION VARIABLES AND MOTOR FITNESS COMPONENTS ON UNIVERSITY LEVEL FOOTBALL PLAYERS.	9 TH DEC,2017 KAPGARI, JHARGRM, WEST BENGAL, INDIA	INTERNATIONAL CONFERENCE ON GLOBAL EDUCATION, PHY.EDN AND SPORTS, RESEARCH AND TECHNOLOGY FOR SUSTAINABLE DEVELOPMENT (PROCEEDINGS)	978-81-9 30250-3-1	DR.GOPA SAHA ROY		
EFFECT OF ROMJANA ON PHYSIOLOGICAL COMPONENTS	2019	TRENDS ISSUE AND DEVELOPMENT IN PHYSICAL& SPORTS SCIENCES (PROCEEDINGS)	IQAC AND Dept. of Physical Education SREE CHAITANYA MAHAVIDYALAYA HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF PHYSICAL EDUCATION ,BANIPUR	MD.KALAM SK & DR.GOPA SAHA ROY		
COMPARISON ON SELECTED CO-ORDINATIVE ABILITY AND FLEXIBILITY AND BALANCE BETWEEN STATE LEVEL DANCER AND GYMNAST FEMALE.	2019	TRENDS ISSUE AND DEVELOPMENT IN PHYSICAL& SPORTS SCIENCES (PROCEEDINGS)	IQAC AND Dept. of Physical Education SREE CHAITANYA MAHAVIDYALAYA HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF PHYSICAL EDUCATION ,BANIPUR	KANAKLATA SAMANTA& DR.GOPA SAHA ROY		
INTER RELATIONSHIP OF BODY COMPOSITION,	2019	TRENDS ISSUE AND DEVELOPMENT IN PHYSICAL& SPORTS	IQAC AND Dept. of Physical Education SREE CHAITANYA	BUMABA KOLEY & DR.GOPA SAHA ROY		

AEROBIC AND ANAEROBIC CAPACITY OF VOLLEYBALL PLAYERS AT INTER COLLEGE LEVEL.		SCIENCES (PROCEEDINGS)	MAHAVIDYALAYA HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF PHYSICAL EDUCATION ,BANIPUR		
RELATIONSHIP OF SPEED WITH REACTION TIME, STANDING HEIGHT, LOWER LIMB LENGTH AMONG SEDENTARY MALE AND FEMALE	2019	TRENDS ISSUE AND DEVELOPMENT IN PHYSICAL& SPORTS SCIENCES (PROCEEDINGS)	IQAC AND Dept. of Physical Education SREE CHAITANYA MAHAVIDYALAYA HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF PHYSICAL EDUCATION ,BANIPUR	ARUP GHOSH DR.GOPA SAHA ROY	
STUDY OF RELATION BETWEEN SELECTED ANTHROPOMETRIC MEASUREMENTS AND BODY COMPOSITION VARIABLES OF SWIMMERS IN DIFFERENTS STYLE.	2019	TRENDS ISSUE AND DEVELOPMENT IN PHYSICAL& SPORTS SCIENCES (PROCEEDINGS)	IQAC AND Dept. of Physical Education SREE CHAITANYA MAHAVIDYALAYA HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF PHYSICAL EDUCATION ,BANIPUR	MD. SELIM & DR.GOPA SAHA ROY	
A STUDY ON CORRELATION BETWEEN DIFFERENT ANTHROPOMETRIC AND SKINFOLD MEASUREMENTS WITH HIGH BLOOD PRESSURE AMONG DIABETIC PATIENTS.	2019	TRENDS ISSUE AND DEVELOPMENT IN PHYSICAL& SPORTS SCIENCES (PROCEEDINGS)	IQAC AND Dept. of Physical Education SREE CHAITANYA MAHAVIDYALAYA HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF PHYSICAL EDUCATION ,BANIPUR	PRIYOTOSH MONDAL & DR.GOPA SAHA ROY	
A COMPARISON OF CO-ORDINATION ABILITY AMONG KABADDI AND KHO-KHO PLAYERS BASED ON A SELECTED FITNESS COMPONENTS.	2019	TRENDS ISSUE AND DEVELOPMENT IN PHYSICAL& SPORTS SCIENCES (PROCEEDINGS)	IQAC AND Dept. of Physical Education SREE CHAITANYA MAHAVIDYALAYA HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF PHYSICAL EDUCATION ,BANIPUR	ANUPAM SARKAR & DR.GOPA SAHA ROY	
A COMPARATIVE STUDY ON THE STATUS OF KNEE JOINT OF ACTIVE AND SEDENTARY AGED FEMALE OF BURDWAN.	2019	TRENDS ISSUE AND DEVELOPMENT IN PHYSICAL& SPORTS SCIENCES (PROCEEDINGS)	IQAC AND Dept. of Physical Education SREE CHAITANYA MAHAVIDYALAYA HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF PHYSICAL EDUCATION ,BANIPUR	ANINDITA PAIN & DR.GOPA SAHA ROY	

A COMPARATIVE STUDY OF MEDIA COVERAGE OF WORLD CUP FOOTBALL TOURNAMENT IN 2018.	2019	TRENDS ISSUE AND DEVELOPMENT IN PHYSICAL& SPORTS SCIENCES (PROCEEDINGS)	IQAC AND Dept. of Physical Education SREE CHAITANYA MAHAVIDYALAYA HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF	ABHISHK BAG & DR.GOPA SAHA ROY		
A STUDEY ON THE INFLUENCE OF SPORTS CULTURE ON DIFFERENT DEVELOPMENTAL FACTOR OF RURAL WOMEN	2019	TRENDS ISSUE AND DEVELOPMENT IN PHYSICAL& SPORTS SCIENCES (PROCEEDINGS)	IQAC AND Dept. of Physical Education SREE CHAITANYA MAHAVIDYALAYA HABRA IN COLLABORATION WITH POST GRADUATE GOVT. INSTITUTE OF	JAGANNATH RAKSHIT & DR.GOPA SAHA ROY		
CARDIO VASCULAR FITNESS AMONG ATHLETES AND NON-ATHLETES: A COMPARETIVE STUDY.	2020 ON 15 TH JAN.	INTERNATIONAL CONFERENCE ON PHYSICAL EDUCATION YOGA AND SPORTS SCIENCES IN 2020'S ERA (PROCEDING)	ORGANISED BY S.I.P.E.W. HASTINGS HOUSE, KOL 27.	Mr. KHANGENDRA NARAYANA HANRI & Dr. GOPA SAHA ROY.		
INFLUENTIAL FACTOR OF ANTHROPOMETRICAL MEASUREMENT AND CO-DINATIVE ABILITIES ON SPEED PERFORMANCE.	2020 ON 1 ST MARCH	SPORTS NUTRITION AND AWARENESS OF DOPING IN CONNECTION WITH SPORTS SCIENCE PHY. EDN. AND YOGIC SCIENCES (PROCEDING)	PHYSICAL EDUCATION FOUNDATION OF INDIA (PEFI) AND MAHISHADAL SWIMIMING CLUB IN COLLABORATION WITH NATIONAL ANTI DOPING AGENCY (NADA)AND PASNKURA BANAMALI COLLEGE.PURBA MEDINIPUR.	Dr. GOPA SAHA ROY & Mr. PROSENJIT DOLUI		
EFFECT OF 6 WEEKS CONDITIONING PROGRAMME ON MOTOR PERFORMANCE OF GRADE VII AND VIII STUDENTS IN BURDWAN DISTRICT LEVEL	2020 ON 1 ST MARCH	SPORTS NUTRITION AND AWARENESS OF DOPING IN CONNECTION WITH SPORTS SCIENCE PHY. EDN. AND YOGIC SCIENCES (PROCEDING)	PHYSICAL EDUCATION FOUNDATION OF INDIA (PEFI) AND MAHISHADAL SWIMIMING CLUB IN COLLABORATION WITH NATIONAL ANTI DOPING AGENCY (NADA)AND PASNKURA BANAMALI COLLEGE.PURBA MEDINIPUR.	Dr. GOPA SAHA ROY & Mr. BUMBA KOLEY		
EFFECT OF PRANAYAMA ON CORONA VIRUS: A REVIEW STUDY	12 th and 13 th sept 2021	Challenges and Trends of Development in the field of Phy. Edn & Sports due to Covid-19 Pandemic.	Chandrapur College Dept. of Phy.Edn, IQAC & NSS, Seva Bhartati Mahavidyalaya Dept. of Phy.Edn, And PEFI	Dr. GOPA SAHA ROY & Miss. Peu Dey & Mr. Prosenjit Dolui		
"INFLUENCIAL EFFECT OF RAMADAN FASTING ON BODY COMPOSITION: A LITERATURE STUDY"	12 th and 13 th sept 2021	Challenges and Trends of Development in the field of Phy. Edn & Sports due to Covid-19 Pandemic.	Chandrapur College Dept. of Phy.Edn, IQAC & NSS, Seva Bhartati Mahavidyalaya Dept. of Phy.Edn, And PEFI	Dr. GOPA SAHA ROY & Mr. Mitan Kr Roy		

MENOPAUSAL STATUS OF RURAL & URBAN WOMEN: A REVIEW STUDY	12 th and 13 th sept 2021	Challenges and Trends of Development in the field of Phy. Edn & Sports due to Covid-19 Pandemic.	Chandrapur College Dept. of Phy.Edn, IQAC & NSS, Seva Bhartati Mahavidyalaya Dept. of Phy.Edn, And PEFI	Dr. GOPA SAHA ROY & Priyotosh Mondal & Mr. Prosenjit Dolui		
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❖ **EXAMINARSHIP AND MEMBERSHIP TILL LAST TEN YEARS:**

NAME OF THE UNIVERSITY	WORK ON		
University of Calcutta	Paper Setter, Paper Evaluator, Practical Examiner, BOS Member of U.G., P.G. & Degree Course.		
University of Burdwan	Paper Setter, Paper Evaluator, Practical Examiner for U.G. & Degree Course.		
University of Kalyani	Paper Setter, Paper Evaluator, Practical Examiner for U.G., P.G. & Degree Course.		
Barasat State University	Practical Examiner for U.G. and Degree Courses.		
North Bengal University	Paper Setter, Paper Evaluator.		
Vidyasagar University	Practical Examiner for U.G. and Degree Course and Paper Setter for P.G. Courses.		
Viswa-Bharati University	Practical Examiner for U.G. and P.G. Courses.		

★ **HEAD EXAMINERSHIP DUTY PERFORMING AT BA, BSC PART II GENERAL UNDER THE UNIVERSITY OF CALCUTTA FROM 2015 TO 2018.**

❖ **PARTICIPATION IN SPORTS AND GAMES /SPORTS ACHIEVEMENTS**

▪ **AS SPORTS PERFORMER:**

- i. All India Rural Sports of 1981-82, Organized by Jammu & Kashmir State Sports Council at Srinagar (J & K) from 1st – 5th October 1981.
- ii. Participation in XXII ALL India Inter State Athletic Championships; organized by A.A.F.F. New Delhi, 1984, from 27th to 30th April secured 3rd place in 100 mts Run.
- iii. Participation in East Zone Inter-University Basketball Championship on behalf of University of Burdwan held at Amritsar from 29.10.85 to 06.11.85 and secured Gr. Semi-Final position.
- iv. Participation in East Zone Inter-University Basketball Championship on behalf of University of Burdwan held at Kanpur from 14.10.86 to 19.10.86 and secured Gr. Final position.
- v. Participation in All India Inter-university Athletic Championships on behalf of University of Burdwan held at Allahabad University from 28th December 1986 to 1st January 1987.

▪ **AS SPORTS OFFICIAL (SERVICE ORIENTED AS OFFICIAL):**

- i. XLII National School Games Basketball Championship 1996 as Basketball COACH. Faridkot, Punjab from 20th Nov. to 4th December 1996 Organized by Education Department Punjab under the Aegis of SGFI as Basketball COACH.
- ii. 47th National School Games 2001-02 (Badminton, Kho-Kho & Football) Saltlake, Kolkata, Organized by W.B.S.S.A., Under the auspices of School Education Department, Govt. of West Bengal, from 17th -21st April 2002
- iii. 48th National School Games Athletic Championship as MANAGER, Organized by Govt. of Karnataka, Department of Public Instruction under the Aegis of SGFI from 29th January to 3rd February 2003
- iv. 48th National School Games (Gymnastics, Archery, Chess and Kho-kho) Salt Lake, Kolkata, Organized by WBSS Association under the auspices of School Education Department, Govt. of West Bengal of 16th - 20th January 2003.
- v. 49th National School Games Athletic Meet 2003-2004 Organized by DSSA, Jalpaiguri under the auspices of School Education Department, Govt. of West Bengal and WBSS Association from 10th – 15th January 2004.
- vi. 4th National School Games Yoga sana Championship 2004, Organized by Bidhannagar Sub-divisional School sports Association, Salt Lake, West Bengal.
- vii. 50th National School Games in Archery from 31st January to 4th February 2005 Organized by DSSA 24 Pgs (N).
- viii. 55th National Games Handball Championship 2009 – 10 from 3rd to 10th October Organized by State Committee for School Games and Sports WB under the auspices of Department of School Education, Govt. of West Bengal, under the aegis of SGFI.

- ix. All India Athletic Meet at Nagarjuna University, Tamilnadu ,India participated as manager and coach for athletic team on 2017.for The University of Burdwan.
- x. All India Athletic Meet at MANGALORE KARNATAKA, India participated as manager and coach for athletic team on 2018.for The University of Burdwan.
- xi. All India Athletic Meet at MANGALORE KARNATAKA, India participated as manager and coach for athletic team on 2019.for The University of Burdwan.

❖ **ASSOCIATION WITH LEARNED SOCIETY /HOLDING MEMBERSHIP**

- a. Burdwan District Sports Association.
- b. District School Sports Association,
- c. District Basketball and Volleyball Sports Association ,
- d. Athletic Coaches Association (TAFCA),
- e. Master Athletic Association of West Bengal.
- f. Member of WBAAI,
- g. Member of WBAAI ,
- h. Ex committee member for WBCIPE,
- i. Life member of Athletic Coaches of Bengal.
- j. Official Member for Inter Govt. College and Non Govt. College Sports.
- k. Life Member of “Indian Federation of Computer Science in Sports”.

❖ **ADDITIONAL QUALIFICATION:**

- a. Passed the State Technical Official (STO), Examination in Athletics on 11.11.2012.
- b. Passed Federation Technical Official (FTO), Examination in Athletics on 11.11.2014.
- c. Passed District Volleyball Referee Examination on 2004.
- d. Passed Six Week Certificate Course in Athletics (SAI), Kolkata on 1989.
- e. Passed network Centered Computing Curriculum and Quality Management Programme on 2000.
- f. Passed Physiotherapy and Yoga Therapy on 2005.
- g. Passed Athletic State Meet on 2006.Passed Basic Leadership Camp (NCC) at Santineketan on 1986.
- h. As official for Inter College State Sports and Games, 2013.
- i. As official for Inter College State Sports and Games, 2014.
- j. As official for Inter College State Sports and Games, 2015.
- k. As Official for Kho-Kho. As Official for NSS. As Official for Bratachari, Sabpayechir Asar.

❖ **HOLDING MEMBERSHIP:**

- 1. Served as member OF S.I.P.E.W, SINCE 2007-2015.
- 2. Served as member of executive committee OF W.B.C.I.P.E.
- 3. Served as member in RESEARCH DOCTORIAL COMMITTEE, BURDWAN UNIVERSITY since 2015.
- 4. Served as member in P.G.B.S, B.U since 2015.
- 5. Served as member of U.G.B.S IN PHYSICAL EDUCATION since 2015.
- 6. Served as member of B.P.ED IN PHYSICAL EDUCATION since 2015.
- 7. Served as member of YOGA Education Programme under Life Long Education Dept. B.U. Since 2005.
- 8. Served as member of Active Membership in PEFI, INDIA 2021.

❖ **AREA OF SPECIAL INTEREST**

Research work, Sports Training, Sports Psychology, Health Education, Test, Measurement & Evaluation, Physiotherapy, Sports Coaching- Basketball, Kabaddi & Athletics ,YOGA etc.

❖ INVITED LECTURES AND CHAIRMANSHIP AND CO-CHAIRMANSHIP AT NATIONAL SEMINAR/ INTER NATIONAL :-

TITLE OF ACADEMIC SESSION	YEAR	TITLE OF SEMINAR	ORGANISED BY	STATUS		
SCIENTIFIC SESSION-II ASCO-CHAIRPERSON	16.03.2012	DEVELOPING QUALITY OF PHY. EDN.	P.G.G.I.P.E, BANIPUR	NATIONAL		
SCIENTIFIC SESSION-II, AS CHAIRPERSON	21.09.2013	SUSTAINABLE DEVELOPMENT OF PHY. EDN. FOR HEALTH ACTIVE LIFESTYLE AND WELL BEING IN 21 ST CENTURY.	BERHMPORE U.C.T.C.	NATIONAL		
CO- CHAIRPERSON SESSION-II	21.09.2016	NEW HORIZON OF PHYSICAL EDUCATION AND EXERCISE SCIENCES.	THE UNIVERSITY OF BURDWAN	NATIONAL		
CHAIRPERSON SESSION-II	09.12.2017	INTERNATIONAL CONFERENCE ON GLOBAL EDUCATION, PHY.EDN AND SPORTS, RESEARCH AND TECHNOLOGY FOR SUSTAINABLE DEVELOPMENT.	SEVA BHARATI MAHAVIDYALAYA, KAPGARI,GHARGRAM, W,B, INDIA	INTER NATIONAL		
CO- CHAIRPERSON	09.12.2017	INTERNATIONAL CONFERENCE ON GLOBAL EDUCATION, PHY.EDN AND SPORTS, RESEARCH AND TECHNOLOGY FORSUSTAINABLE DEVELOPMENT.	SEVABHARATI MAHAVIDYALAYA, KAPGARI,JHARGRAM, W,B, INDIA	INTER NATIONAL		
CO- CHAIRPERSON SESSION-II	09.03.2018	MULTIDIMENTATIONAL APPROACH	BERHMPORE U.C.T.C.	INTER NATIONAL		
CHAIRPERSON	22.03.2018 To 23.03.2018	PHY.EDN AND SPORTS SCIENCES IN THE 21 ST CENTURIES.	Jadavpur University Dept. of Phy.Edn.W.B Collaboration WITH WBCIPE	NATIONAL		
CO - CHAIRPERSON	20.09.2019	TRENDS ISSUSE AND DEVELOPMENT IN PHYSICAL& SPORTS SCIENCES	IQAC ,SREE CHAITANAYA MAHAVIDYALAYA , HABRA & DEPT.OF PHYSICAL EDUCATION P.G.G.I.P.E BANIPUR	INTER NATIONAL		
CHAIRPERSON	15.01.2020	INTER NATIONAL CONFERENCE ON YOGA AND SPORTS SCIENCE IN 2020'S ERA.	S.I.P.E.W,Hasting House, Kolkata, INDIA IN Collaboration WITH WBCIPE	INTER NATIONAL		
CHAIRPERSON	01.03.2020	SPORTS NUTRITION AND AWARENESS OF DOPING IN CONNECTI SPORTS SCIENCE PHY. EDN. AND YOGIC SCIENCES	PHYSICAL EDUCATION FOUNDATION OF INDIA (PEFI) AND MAHISHADAL SWIMMING CLUB IN COLLABORATION WITH NATIONAL ANTI DOPING AGENCY (NADA)AND PASNKURA BANAMALI COLLEGE.PURBA MEDINIPUR	INTER NATIONAL		

CHAIRPERSON	29.02.2020-01.03.2020	International Conversance on Sports Nutrition and Awareness of Doping in Connection with Sports Sciences, Phy.Edn. and Yogic Sciences.	Phy.Edn. Foundation of INDIA (PEFI) in Collaboration with National Anti Doping Agency (NADA) & PASNKURA BANAMALI COLLEGE.PURBA MEDINIPUR			
CHAIRPERSON	12 th and 13 th sept 2021	Challenges and Trends of Development in the field of Phy. Edn & Sports due to Covid-19 Pandemic.	Chandrapur College Dept. of Phy.Edn, IQAC & NSS, Seva Bhartati Mahavidyalaya Dept. of Phy.Edn, And PEFI			

❖ **BOOK PUBLISHED AS EDITOR:**

TITLE OF WITH PAGE NO.	TYPE OF BOOK AND AUTHOSHIP	PUBLISHERS AND ISSN/ISBN NO.	NO. OF CO-AUTHOR		
SARIRSIKSHAY SWASTHASIKSHA	TEXT BOOK ON HEALTH AND FIRST-AID.	978-81-87616-64-1 CLASSIQUE BOOKS, 9, RADHANATH MALLICK LANE, KOLKATA-12	1		
EFFECTS OF AEROBIC TRAINING PROGRAMME ON SELECTED PHYSIOLOGICAL VARIABLES AMONG ACTIVE AND MODERATELY ACTIVE NIDDM FEMALE	REFERENCE BOOK	LULU PUBLICATION 3101HILL S BOROUGH ST, RALEIGH, NE-07607, UNITED STATE ISBN – NO. 978-1-365-10911-9	NIL		
ANAEROBIC THRESHOLDS LEVEL AND SPEED ENDURANCE PERFORMANCE ABLITY	REFERENCE BOOK	INDIRA PROKASONI 10,MDANGHOSH LANE,KOL-700006 07/2019 ISBN-978-81-929919-7-6	NIL		
SNATAKSTORE SARIRSIKSHA	Text Book	978-81-951650-5-6 CLASSIQUE BOOKS, 9, RADHANATH MALLICK LANE, KOLKATA-12	2		

❖ **PROFESSIONAL COURSES:**

- UGC SPONSORD ORIENTATION COURSE AT KOLKATA ON 13.09.2008
- UGC SPONSORD REFRESHER COURSE AT BURDWAN ON 02.03.2011
- UGC SPONSORD REFRESHER COURSE AT BURDWAN ON 10.03.2014
- UGC SPONSORD CERTIFICATE COURSE AT BURDWAN ON 2015.
- 10 DAYS NATIONAL WORKSHOP ON RESERCH METHODOLOGY USING STATISTICAL TOOLS, TECHNIQUES AND PACKAGES (SPSS AND R) VISVA BHARATI UNIVERSITY 2018.
- 7 DAYS NATIONAL WORKSHOP ON RESERCH METHODOLOGY USING STATISTICAL ANALYSIS FOR PHYSICAL EDUCATION 2019 at kalyani University, department of physical education.

❖ **NAME OF THE REFREES NOT RELATED TO YOU WITH FULL ADDRESS:**

- DR.A.N.DEY, OCCUPATION- SERVICE, ADDRESS: NETAJI SUBHAS OPEN UNIVERSITY, KOLKATA, MOB: 9830524148
- DR.D.K.BANDYOPADHYAY, OCCUPATION SERVICE, ADDRESS: KALYANI UNIVERSITY DEPARTMENT OF PHYSICAL EDUCATION, MOB: 9830475408.

❖ **SPECIAL AWARD AND HONOUR :**

1. WORLD CHAMPIONSHIP- 2018, SPORTS SCIENCE ISAR RECOGNIZES AMONG WORLD'S 500 MOST INFLUENTIAL EXPERT IN SPORTS SCIENCE FOR THE YEAR 2018 ON EARTH ON ANAEROBIC THRESHOLD.
2. LIFE MEMBER OF INDIAN FEDERATION OF COMPUTER SCIENCE IN SPORTS IN THE YEAR 2012.

❖ **SPECIAL PPERFORMANCE :**

1. I, Dr. Gopa Saha Roy Organized a 2 days National Webinar on "**Health and Fitness During Pandemic COVID-19 and Holistic Approaches to Athletics**", 2nd and 3rd September 2020.

DECLARATION: - I Do Hereby Declare That The Information Furnished Above Is True To The Best Of My Knowledge & Belief.

Date:

Place: Burdwan

Dr. GOPA SAHA ROY
DEPT.OF PHYSICAL EDUCATION
THE UNIVERSITY OF BURDWAN